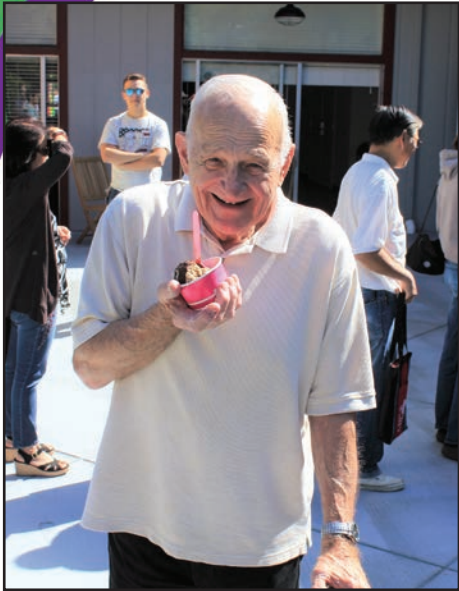




The Outlook

a vision for our Age-Friendly community

SASCC Recap: HEALTH FAIR 2019



More photos on page 16!



To our valued member/
current resident:

Non-Profit
Organization
U.S. Postage Paid
Permit #75
Saratoga, CA

Don't forget to like us
on Facebook!
[@saratogaseniorcenter1](#)



Or if Instagram is more
your style!
[@saratogaseniorcenterca](#)



Scarecrows, Witches and Fall Fun in the Village

Written by
Brandy Miceli

A bunch of witches, ghosts, superheroes, black cats, ballerinas and other costumed children will flock to Downtown Saratoga on October 26 with one thing in mind: candy.

The annual Witchy Walk-A-Bout in the Village is Saturday, October 26 from 2-4 p.m.. Merchants will give out candy to the trick-or-treaters, the Saratoga Youth Commission will paint faces, a balloon maker will give the children fun shapes to take home and "Ginger the Gypsy," as played by active local volunteer, Laurel Perusa, will tell the children



Family trick-or-treating at the Witchy Walk-A-Bout.

Photo courtesy of Leslee Warwick

fortunes about their futures.

"I am going to have so much fun with the kids," Perusa said excitedly. "I have all these fortunes to tell them, like 'You will have

SEE TREAT PG. 6

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PAGE 6	SCARECROWS/ SHOWS	PAGE 12	COMMUNITY EVENTS
PAGE 7	SARATOGA SENIOR CENTER	PAGE 14	NEWS BRIEFS

SASCC STAFF

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Executive Director

Rajvir Kaur
Senior Center
Division Manager

Reneé Hampton
Adult Care
Division Manager

Maninoa Ah-San
Adult Care
Assistant Manager

Tara Silkensen
Senior Services
Coordinator - LG

Daniel Loza
RYDE Coordinator

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Program Assistant

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Yoshi Kato
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Erin Clark
RYDE Driver

**Shantik
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Director

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Director

Kathey Crowe
Director

A Message From Tylor,

Dear SASCC Family and Friends,

I hope you were all able attend this year's Health Fair! It was an amazing event on a gorgeous day, and we were happy to see so many people turn out. Our Age Friendly theme was in full effect as people from all ages and walks of life enjoyed the festivities!

We gave out 150 free flu shots, over 60 free health screenings, 350 lunches and ice cream treats, with 400 people in attendance! Over 30 community partners provided information and resources for attendees. More than 50 children played in our bounce house and got their faces painted, and we gave out a record-setting number of prizes during our raffle.

We heard from special guests – President of the County Board of Supervisors Joe Simitian,

Saratoga Vice Mayor Howard Miller and representatives from the Office of the Census, the County Office of LGBTQ Affairs, El Camino Health, Help & Care and Palm Villas.

West Valley College's Entrepreneurship Club provided more than 20 volunteers for the event, and the Saratoga Lions Club provided all the health screenings. Everyone agreed that this was our best Health Fair yet, but we are already discussing how to make it even better next year. Thanks to everyone who made it a success!

This month the City of Saratoga is holding its annual State of the City address with Mayor Manny Cappello, and this year I've been asked to emcee the event. Please come to show your support for all the wonderful things Mayor Cappello, the

council and city staff have done in the past year. There will be a ribbon cutting and grand opening of the newly constructed Bocce Courts, as well as refreshments, resources and information for the whole family. Mayor Cappello has asked that we try to get as many people as possible to the Bocce Courts for a game with him and the other elected officials, so please see page 4 for more details.

If you haven't already, please check out our website, www.sascc.org to see the new look and feel of the website. From the home page, click on RESOURCES, and then MEDIA for our latest videos. We will be uploading a video of the Health Fair soon, so if you weren't able to make it, you can still experience the fun! Take a look through the rest of the



Tylor Taylor
Executive Director

site as well. There is a ton of great information for you. We would love your feedback on the site. If you think something is missing, or if you just want to tell us we're doing a great job, we'd love to hear from you.

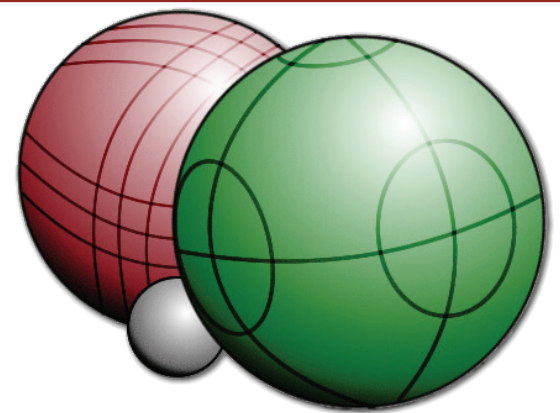
Have a wonderful October, and as always, LIVE SASSY!

Sincerely,

Tylor Taylor

Bocce Ball

Rules



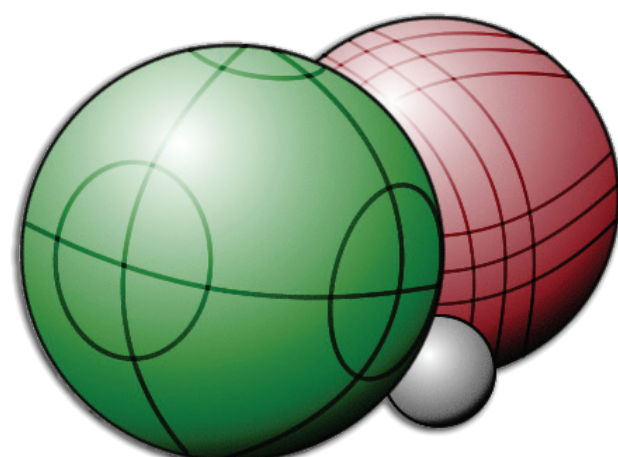
1) Bocce ball courts are available to SASCC members Monday - Wednesday, 9 a.m. - 3 p.m., FREE of charge. Please call Taylor at 408-647-9023 or email taylor@sascc.org.

2) Play times will be scheduled in 2-hour blocks. Bookings will include play time on both courts.

3) You must present a valid Drivers License or ID to SASCC Staff in order to check out Bocce Ball equipment.

4) You have to be a SASCC member in order to use the courts during SASCC times.

5) All other bookings after 3 p.m. and Thursday-Sunday must go through the City of Saratoga's Facilities Rental Department. Please contact Nina Walker at 408-868-1259 for more information.



Minutes Away, Worlds Apart: A Historical Take on Saratoga's Mountain Winery

Written by
Yoshi Kato

Though it's just a little under four miles from the Safeway and Starbucks at Argonaut Shopping Center, driving the final segment of the elevated grapevine-laden road to the Mountain Winery feels like being in North Bay Wine Country or even Italy. But reach the destination and take in the views overlooking Silicon Valley, and it's clear that one is in the hills of Saratoga at the historical space once owned by the late vintner Paul Masson.

"Our motto is 'Minutes away, worlds apart,'" says Dave House, Mountain Winery co-owner and Managing Partner. "We're quick and easy to get to. When you're there, you're in an altogether different place."

The Mountain Winery is best known for its summer concert season, which ends this month with performances by actor/author/comedian/musician Steve Martin and actor/comedian/occasional vocalist Martin Short (October 4); pop-reggae veterans UB40 featuring Ali Campbell and Astro (October 5); chamber rock heroes Calexico and Iron & Wine (October 6); actor/"American Humorist"/wood craftsman Nick Offerman (October 11); and comedian/actor Bill Burr (October 18). "But we're a twelve-month-a-year operation, even though we only have concerts for five," House points out, by phone from Wisconsin earlier this summer.

Having expanded to non-concert public activities, as well, the Winery follows up its

2019 season with an all-ages Dia De Los Muertos gathering on Sunday, November 3. Running from 2:00 p.m. to 8:00 p.m., its Day of the Dead celebration will feature music, dancing, face painting and children's activities with vendors selling regional Mexican food and drink.

"We also do corporate events. We do anniversary parties and birthday parties and graduation parties," he continues, while aboard his boat in the Badger State. "We do corporate team building and corporate strategy sessions, as well—everything you can imagine."

"Of course, we have such a unique setting," he notes. "This is so much different than going to a hotel or a conference room."

"The food was excellent," reports Edith Maciel of Saratoga, reflecting on the dishes served at the Mountain Winery surprise birthday party that one of her daughters threw for another. A patron of both SASCC's Adult Care Center and R.Y.D.E. programs, she continues, "Everything was excellent. They did a very good job."

A native of Burgundy, France, Masson came to Saratoga by way of San Francisco at the Turn of the (20th) Century. Completed in 1905, destroyed by the San Francisco Earthquake a year later and rebuilt in 1907, his "Vineyard in the Sky" in Saratoga survived Prohibition and remained in his hands until he sold it in 1936.

An informal amphitheatre was built in 1958, which also marked the winery's first summer concert series. Folding chairs



made way for bleacher-type benches. "The folding chairs were zip-tied together and were on the asphalt. And it was just dirt before that," House recalls, with a chuckle, reminiscing about the historic state of the Winery prior to several rounds of remodeling. "When the first three rows moved their head a little, you had to move yours around!"

In 2001, House (who is also House Family Vineyards Proprietor and is on the Board of Trustees of the Computer History Museum) bought the Mountain Winery with tech entrepreneur Jack Smith and real estate developers Liz Dodson and Bill Hirschman. The bowl was remodeled in 2008 and retains its intimacy while providing modern conveniences and more sections of elevated seating with a new capacity of 2545.

When it was Paul Masson Mountain Winery, concerts by the likes of Ella Fitzgerald, Ray Charles and Roy Orbison reflected the living legends-oriented bookings philosophy. With AEG Presents booking shows since 2012, artists have ranged from still-active greats such as Stevie Wonder, Diana Ross and The Beach Boys to next generation stars including singer/songwriters Erykah Badu,



Photo courtesy of Marie Camaya



Photo courtesy of Marie Camaya

Alanis Morissette, Brandi Carlile and Carly Rae Jepsen and ukulele virtuoso Jake Shimabakuro.

When Duran Duran played the second of two sold out nights in September, lead vocalist and frontman Simon LeBron praised the unique "vibe" of the setting before going on to joke that it's really the scents that are so memorable—from the smell of wine when the British band first started playing there (in 2009) to that of beer and pizza this time around. Indeed, fine and casual dining have each been part of the Winery's identity in addition to its Thursdays through Sundays and pre-concert day wine tastings.

Whether one is seated on the Winery Deck Patio overlooking the South Bay or at Chateau La Cresta above the bandstand or consuming something bought at one of the concessions stands

above the concert bowl, both more formal and quick and casual dining options are available for concertgoers (with the former two also available for private events).

"We put in a brand new kitchen out there, which is under the deck that's next to the Chateau, and we put in a new kitchen in the Winery Room," House says. "So we have very top-level commercial kitchens now. They can prepare much better food than we could do before, and we just have better capacity."

"We're proud to be a member of the Saratoga community," House concludes. "We maintain close relationships with everybody in Saratoga—with the government, chamber of commerce and city council members. And we look forward to continuing to host guests throughout the year."

Saratoga's State of the City Oct. 5, 2-4 p.m.

Join us for the 2019 State of the City on Saturday, October 5 from 2-4 p.m. at the Joan Pisani Community Center and recently-renovated Saratoga Senior Center, located at 19655 Allendale Avenue.

Saratoga Mayor Manny Cappello will share important updates, celebrate the community's accomplishments and discuss the city's priorities and initiatives. Our very own Tylor Taylor is emceeing this event! It's one you won't want to miss.

We will also celebrate the grand opening of bocce ball courts, located in the patio area shared by the Senior Center and Community Center. We look forward to seeing you there!



Featuring local Artisan gifts, jewelry, holiday items and gourmet foods!

HOLLY DAYS
ARTISAN FAIRE

PRESENTED BY THE SACRED HEART SARATOGA WOMEN'S CLUB

FRIDAY, NOVEMBER 8TH
FROM 9AM-6PM

SATURDAY, NOVEMBER 9TH
FROM 9AM-5PM

Sacred Heart Parish
13716 Saratoga Avenue | Saratoga, CA 95070

VISIT WITH SANTA
Saturday, November 10th,
10:00AM to 11:30 AM
boutique@sacredheartsaratoga.org

ARTISAN CAFE
SERVING HOMEMADE
LUNCH AND SNACKS.
New Extended Menu!

SARATOGA ADULT CARE CENTER

The **Saratoga Adult Care Center** gives our older adults the opportunity to socialize among their peers, get involved in fun activities, enjoy entertainment and delight in homemade nutritional lunches and great snacks.

JOIN US FOR A COMPLIMENTARY VISIT DAY

Visit days are offered **FREE** of charge, with no obligation.

* Financial options can be discussed for those with a need or hardship.

CONTACT: Renee Hampton
ACC Division Manager

(408) 868-1262
hampton@sascc.org



Services

For Cancer Patients,
Survivors,
Family Members
and Caregivers

- Counseling
- Nutrition Classes
- Therapeutic Massage
- Exercise
- Guided Imagery
- Meditation
- Support Groups
- Family CARE Program
- Wig Bank
- Survivorship Programs
- Energy Work
- Resources & Referrals

408-402-6611
CancerCAREpoint.org

RESOURCES

Free or Low-Cost Services

SENIOR SERVICES

FREE or LOW-COST SERVICES with NO MEMBERSHIP REQUIRED

SASCC-LG volunteers and staff are available to assist you with scheduling appointments, basic information and referral on a variety of senior service type issues.

Los Gatos Adult Recreation Center

208 E. Main St, Los Gatos, CA 95030

M-F, 9 a.m. to 4 p.m.

(408) 354-1514

Saratoga Senior Center

19655 Allendale Ave, Saratoga, CA 95070

M-F, 9 a.m. to 4 p.m.

(408) 868-1257

PROGRAMS AND SERVICES

SENIOR ADULTS LEGAL ASSISTANCE (SALA)

Providing Free Legal Assistance to Santa Clara County Elders Since 1973

SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized and with dignity.

SALA representatives are at **SASCC** every 3rd Monday of the month, from 10 a.m. to 12 p.m. Please call (408) 868-1257 to make your appointment. SALA is at **LG Adult Rec. Center** every 2nd Thursday of the month. Please call (408) 703-6621 to make your appointment.

Must be 60+ years & a resident of Santa Clara County. **FREE.**

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) funded by Sourcewise

HICAP is a **FREE** volunteer-based program from Sourcewise that assists seniors with Medicare as a supplements to Medicare, long-term care and managed care insurance plans.

HICAP is offered at **SASCC** on the 4th Tuesday of every month from 10a.m. to 12p.m. At the **LG Adult Rec. Center**, HI-CAP is offered every 2nd & 4th Monday from 10a.m.-12p.m.

Please call the front desk at (408) 868-1257 (SASCC) or (408) 703-6621 (LG) to make an appointment.

Must be 55+ years & a resident of Santa Clara County.

Annual AARP: TAX ASSISTANCE

FREE Income Tax Preparation designed for low-and middle income taxpayers (1040, 1040A, 1040EZ), with special attention to those age 60+. This program is offered on an annual basis, from February through April 15th.

PHONE NUMBERS

Senior Services Coordinator - LG,

Tara Silkensen (408) 703-6621

SASCC-LG 55+ Senior Office (408) 354-1514

55+ Specialist, Lynnette Vega (650) 747-0605

Live Oak Nutrition Center (408) 354-0707

SOURCEWISE (408) 350-3200 x1

RYDE (408) 892-9739

Social Services & Support (866) 896-3587

CALL 211 or visit 211scc.org

Food, Child Care, Legal Aid, Housing & more

(free, confidential, multi-lingual)

AARP: SMART DRIVER 50+ (Driver Safety & Renewal Class)

Ask to see a 2019 class schedule.

For Los Gatos registration, please call (408) 703-6621.

For Saratoga registration, please call (408) 868-1257.

R.Y.D.E.:

Curb to curb transportation for adults 65+ living in the West Valley area. For details call (408) 892-9739.

LIFE HAPPENS SUPPORT GROUP

Los Gatos Recreation Senior Lounge

By appointment only. **FREE**

FREE BREAD:

Thanks to Food Match volunteers, the Los Gatos Adult Recreation Center often has free bread.

BROWN BAG PROGRAM

(Second Harvest): 2nd & 4th Fridays, 8-9 a.m.,

To pre-register, please call 1-800-984-3663.

MOBILE FOOD PANTRY & SERVICE VAN

Offered by West Valley Community Services

*Case Management, emergency financial assistance and more. **FREE.***

1st & 3rd Thursday, 3:30-5:30 p.m.

111 Church St. in the parking lot.

SHRED IT SERVICES

Available at the Saratoga Senior Center, Mon.-Fri., 9-4 p.m.

\$1/per pound, \$12/per Bankers Box

Call **(408) 647-9023** for more information.



tradition, Village Scarecrows. Shop-owners and volunteers decorate scarecrows each in their own styles and display them outside their stores, on benches and in bushes. Leslee Warwick, owner of the Barn Owl gift shop, plays a major role in organizing this delightful exhibit.

CONTINUED FROM TREAT PG. 1

a long life filled with golden curiosity.”

The Saratoga Village Development Council, a volunteer organization that promotes the merchants of the Historic Saratoga Village, sponsors this event annually, as well as many others throughout the year, to bring vibrancy to the downtown strip.

The Village will also be full of scarecrows this month as part of the charming Saratoga

If you don't frequent the Village, The Witchy Walk-A-Bout is a great chance to come see these creative scarecrows and enjoy the Halloween spirit. Bring your candy bags!

“This is a fabulous autumn tradition for Saratoga families,” Perusa said. “It’s a nice event for grandparents to bring their grandchildren to.”



Photo courtesy of Leslee Warwick



Photo by Brandy Miceli



Photo by Brandy Miceli



Photo courtesy of Leslee Warwick

In Collaboration with the S. Ku Foundation
the **Saratoga Senior Center**
presents:



Saturday, November 23, 2019
2:30 p.m.

Saratoga Civic Theater
13777 Saratoga Ave

Through arrangements of the S. Ku Foundation, the Saratoga Senior Center has 38 FREE tickets available to this classic show. **The tickets will be first come, first serve, but the following rule applies:**

We would like to give everyone a fair chance to see a show. **To reserve your seat, a fully refundable check or money order of \$50 is required.**

This will be refunded on the day of the event.

Please call 408-868-1254 to r.s.v.p.



Nutrition Made Easy Upcoming Classes

provided by  at the  Saratoga Area Senior Center

**TUESDAY, OCTOBER 15TH
2:30-4:30PM**

FUN FERMENTS

Fermented foods are delicious and good for you! Learn to make pickled carrots and baek kimchi, a milder version to traditional kimchi that you get to take home to enjoy later! All diets/preferences can be accommodated. \$10 material fee

**TUESDAY, OCTOBER 29TH
2:30-4:30PM**

HEALTHY HALLOWEEN TREATS

Looking for ways to enjoy Halloween treats without all the sugar? Make fun spider cookies and pumpkin krispies that are healthy and delicious to take home and enjoy later. All diets/preferences can be accommodated. \$10 material fee

**October New Time!
Registration opens Sept 25th**

Register at the Saratoga Senior Center
408-647-9023
[tinyurl.com/SASCCookingSignup](http://tinyurl.com/SASCCCookingSignup)



SARATOGA SENIOR CENTER

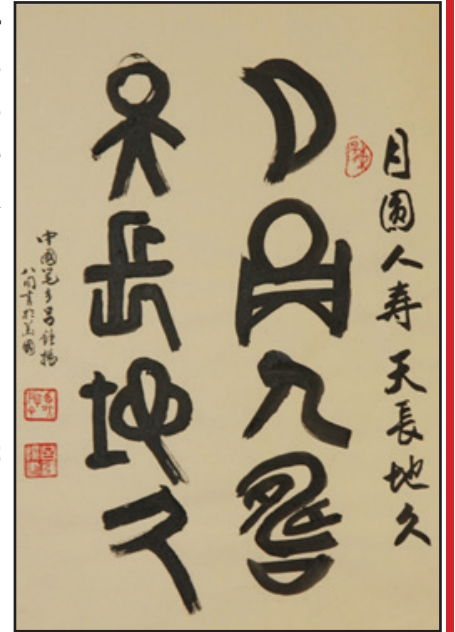
Chinese Calligraphy returns to SASCC!

Introduction to Chinese Calligraphy Art is a course of four weeks, 90 minute length for those who want to learn basic Chinese calligraphy, the structure of its characters, and the Chinese Culture. At the end of the course, we will learn about 100 Chinese words and be able to write them in calligraphy. Chinese calligraphy is a demonstration of the strokes of Chinese characters and the meaning of those characters in a form, similar to the Western sketch, with a unique Chinese brush, black ink on a kind of special paper.



The Chinese Calligraphy Course will be held every Thursday, Oct. 3, 10, 17, & 31, 2019, from 9-10:30 a.m. Registration for each class will be \$5 for members/\$10 for non-members; with a one-time fee of \$30 to cover calligraphy supplies (such as brush, ink, ink container, mat, etc.) for all four classes. Students will get to keep all materials after course.

Please call 408-647-9023 to RSVP. There are only 15 spots available.



Instructor Yufan Lu has been a resident of Saratoga for the past 20 years. She is a freelance Chinese writer, a Chinese language teacher and a Chinese calligrapher.

Please note, the Saratoga Senior Center will be closed on the following:

**COLOMBUS
DAY
MONDAY,
OCT. 14**



**THURSDAY,
OCT. 24**



WEDNESDAY LUNCH BUNCH

DATE	CATERER	MENU
OCTOBER 2	The Villas of Saratoga	<p>Due to some delays, the October menu will be emailed to members on a weekly basis. You may also call 408-647-9023.</p> <p>We apologize for the inconvenience. Thank you, SASCC Staff</p>
OCTOBER 9	The Villas of Saratoga	
OCTOBER 16	The Villas of Saratoga	
OCTOBER 23	The Villas of Saratoga	
OCTOBER 30	SURPRISE	

LUNCH STARTS AT NOON

Lunch: \$5/Member \$10/Non-member

RESERVATIONS ARE REQUIRED BEFORE NOON ON TUESDAY


(408) 868-1257

Please let us know of any food allergies/restrictions.



OCTOBER 2019 SCHEDULE

SARATOGA SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	9-10 Beginning Yoga (\$5) 9-10 Tai Chi Cheh (\$5) 9-12 Saratoga '17 Bridge 10:30-12:30 Intermediate Line Dancing (\$10) 12:30-4:30 Mahjong 1-4 Table Tennis 1:30-3:30 LipReading	9-10 Fitness n' Fun (\$) 10-3 Sassy Quilters 10:30-11:30 Social Group 12-1:30 Wednesday Lunch Bunch (\$5) 12 El Camino Library 2-3:30 Beginning Line Dancing	8:45-10:15 Intermediate Yoga (\$7) 9-10:30 Chinese Calligraphy 9-11:45 Anandvan Group 10:30-1 Saratoga Art 11-1 Pop Voice Class 11-12:30 Spanish (\$7) 1-2 Meditation (\$7) 1:30-4:45 Karaoke 1:30 - 4 Saratoga '17 Bridge 2:30-3:30 Lovin' Ukes(\$7)	9-10 Fitness n' Fun (\$) 9:30-11:30 Erhu (\$) 10:15-11:15 Tai Chi 11:30-4 Table Tennis 1:30-2:15 Feldenkrais (\$5) 2:30-7:30 Chinese Chamber Music
7	8	9	10	11
9-10 Fitness n' Fun (\$) 10-1 Quilting Group 10:15-11:15 Tai Chi 11:30-4 Table Tennis 2-4 Saratoga Traders	9-10 Beginning Yoga (\$5) 9-10 Tai Chi Cheh (\$5) 9-12 Saratoga '17 Bridge 10:30-12:30 Intermediate Line Dancing (\$10) 12:30-4:30 Mahjong 1-4 Table Tennis 1:30-3:30 LipReading 2:30-4:30 Nutrition Made Easy (\$10)	9-10 Fitness n' Fun (\$) 10-3 Sassy Quilters 10:30-11:30 Social Group 12-1:30 Wednesday Lunch Bunch (\$5) 2-3:30 Beginning Line Dancing 4-5 Time for Tech	8:45-10:15 Intermediate Yoga (\$7) 9-11:45 Anandvan Group 9-10:30 Chinese Calligraphy 10:30-1 Saratoga Art 11-1 Pop Voice Class 11-12:30 Spanish (\$7) 1-2 Meditation (\$7) 1:30-4:45 Karaoke 1:30-4 Saratoga '17 Bridge	9-10 Fitness n' Fun (\$) 9:30-11:30 Erhu (\$) 10:15-11:15 Tai Chi 11:30-4 Table Tennis 1:30-2:15 Feldenkrais (\$5) 2:30-7:30 Chinese Chamber Music
14 Columbus Day	15	16	17	18
SASCC Closed COLUMBUS DAY 	9-10 Beginning Yoga (\$5) 9-10 Tai Chi Cheh (\$5) 9-12 Saratoga '17 Bridge 10:30-12:30 Intermediate Line Dancing (\$10) 12:30-4:30 Mahjong 1-4 Table Tennis 1:30-3:30 LipReading	9-10 Fitness n' Fun (\$) 10-3 Sassy Quilters 10:30-11:30 Social Group 12-1:30 Wednesday Lunch Bunch (\$5) 2-3:30 Beginning Line Dancing	8:45-10:15 Intermediate Yoga (\$7) 9-11:45 Anandvan Group 9-10:30 Chinese Calligraphy 10:30-1 Saratoga Art 11-1 Pop Voice Class 11-12:30 Spanish (\$7) 1-2 Meditation (\$7) 1:30-4:45 Karaoke 1:30 - 4 Saratoga '17 Bridge 2:30-3:30 Lovin' Ukes(\$7)	9-10 Fitness n' Fun (\$) 9:30-11:30 Erhu (\$) 10-11:30 Memoirs 10 West Valley Striders Walking Group 10:15-11:15 Tai Chi 11:30-4 Table Tennis 1:30-2:15 Feldenkrais (\$5) 2:30-7:30 Chinese Chamber Music
21	22	23	24	25
9-10 Fitness n' Fun (\$) 10-1 Quilting Group 10:15-11:15 Tai Chi 11:30-4 Table Tennis 2-4 Saratoga Traders SALA - Call for Appt.	9-10 Beginning Yoga (\$5) 9-10 Tai Chi Cheh (\$5) 9-12 Saratoga '17 Bridge 10:30-12:30 Intermediate Line Dancing (\$10) 12:30-4:30 Mahjong 1-4 Table Tennis 1:30-3:30 LipReading 2:30-4:30 Nutrition Made Easy (\$10) HI-CAP - Call for Appt.	9-10 Fitness n' Fun (\$) 10-3 Sassy Quilters 10:30-11:30 Social Group 12-1:30 Wednesday Lunch Bunch (\$5) 2-3:30 Beginning Line Dancing 4-5 Time for Tech	Saratoga Senior Center is Closed	9-10 Fitness n' Fun (\$) 9-1:30 AARP Driver Renewal Course 9:30-11:30 Erhu (\$) 10:15-11:15 Tai Chi 11:30-4 Table Tennis 1:30-2:15 Feldenkrais (\$5) 2:30-7:30 Chinese Chamber Music
28	29	30	31	
9-10 Fitness n' Fun (\$) 10-1 Quilting Group 10:15-11:15 Tai Chi 11:30-4 Table Tennis	9-10 Beginning Yoga (\$5) 9-10 Tai Chi Cheh (\$5) 9-12 Saratoga '17 Bridge 10:30-12:30 Intermediate Line Dancing (\$10) 12:30-4:30 Mahjong 1-4 Table Tennis 1:30-3:30 LipReading	9-10 Fitness n' Fun (\$) 10-3 Sassy Quilters 10:30-11:30 Social Group 12-1:30 Wednesday Lunch Bunch (\$5) 2-3:30 Beginning Line Dancing	8:45-10:15 Intermediate Yoga (\$7) 9-11:45 Anandvan Group 9-10:30 Chinese Calligraphy 10:30-1 Saratoga Art 11-1 Pop Voice Class 11-12:30 Spanish (\$7) 1-2 Meditation (\$7) 1:30-4:45 Karaoke 1:30-4 Saratoga '17 Bridge	For classes marked with (\$), please call for class pricing. All class pricing shown on calendar reflect member price. For Non-member pricing, please call 408-868-1257.

SCHEDULE OF CLASSES

SASCC-LOS GATOS 55+ PROGRAM



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	9:15-11 Happy Hoofers 11-1 Mahjong	9-12 LG Ping Pong 9-12 55+ Game Day (\$5) 9:30-12 Clear Captions 2-4 Readers Theater	1:30-3 Current Events By Appt. Only Life Happens	9-12 Art Workshop 9-12 Crafter Circle 9-11:30 LG Ping Pong 12:30-1:30 Stay Fit 1:30-2:30 Balance Awareness
7	8	9	10	11
10-2 Bridge 10-11:30 Democracy Tent 1-2:30 Democracy at Risk 2-4:30 LG Ping Pong	9:15-11 Happy Hoofers 11-1 Mahjong	9-12 LG Ping Pong 9-12 55+ Game Day (\$5) 3-5 Single Again, Not By Choice	1:30-3 Current Events By Appt. Only SALA - Los Gatos By Appt. Only Life Happens	9-12 Art Workshop 9-12 Crafter Circle 9-11:30 LG Ping Pong 12:30-1:30 Stay Fit 1:30-2:30 Balance Awareness
14 Columbus Day	15	16	17	18
10-2 Bridge 10-11:30 Democracy Tent 1-2:30 Democracy at Risk 2-4:30 LG Ping Pong 3-4:30 Art History	9:15-11 Happy Hoofers 11-1 Mahjong	9-12 LG Ping Pong 9-12 55+ Game Day (\$5)	1:30-3 Current Events 3-4:15 Tech w/Teens By Appt. Only Life Happens	9-12 Art Workshop 9-12 Crafter Circle 9-11:30 LG Ping Pong 12:30-1:30 Stay Fit 1:30-2:30 Balance Awareness
21	22	23	24	25
10-2 Bridge 10-11:30 Democracy Tent 1-2:30 Democracy at Risk 2-4:30 LG Ping Pong	9:15-11 Happy Hoofers 11-1 Mahjong 12-1:30 Book Club	9-12 LG Ping Pong 9-12 55+ Game Day (\$5) 2-4 Women's Artist Connection	1:30-3 Current Events	9-12 Art Workshop 9-12 Crafter Circle 9-11:30 LG Ping Pong 1-4 Movie w/ Judy 12:30-1:30 Stay Fit 1:30-2:30 Balance Awareness
28	29	30	31	
10-2 Bridge 10-11:30 Democracy Tent 1-2:30 Democracy at Risk 2-4:30 LG Ping Pong By Appt. Only HI-CAP - Los Gatos	9:15-11 Happy Hoofers 11-1 Mahjong	9-12 LG Ping Pong 9-12 55+ Game Day (\$5) 1-4 Classic Movie w/Elle	1:30-3 Current Events	

SASCC - LG ⁵⁵⁺ PROGRAM



Tech with Teens

Thursday, October 17, 3-4:15 p.m.

Are you in need a few technology tips?
Join the Los Gatos High School students for
tips & tricks about using technology.

**PLEASE MAKE SURE TO BRING
YOUR OWN DEVICES!**



A Comment From the Town on One-Way Santa Cruz Ave

*Following last month's Outlook story on community
feedback of the Santa Cruz Avenue One-Way Street Pilot Program and Parklet Program*

The pilot was really a series of pilots intended to explore some options for enhancing the economic vitality and experience of downtown," Arn Andrews, Assistant Town Manager, said in an email.

"Over the years our Council and business community have discussed the possibility of reinventing the downtown streetscape. The pilots provided residents and businesses with the opportunity to experience one-way traffic, wider sidewalks, parklets, and a way to envision what a more active and pedestrian friendly downtown could look like. The pilots will help inform the potential for future permanent changes to the downtown and the tradeoffs associated with them. On October 1, the Town Council will discuss community feedback and other observations from the pilot. For more information about the pilots and other ways to experience Los Gatos please see

<https://www.losgatosca.gov/experiencelg>."

***LG TRIPS:** Please contact Trinh Nguyen at (408) 335-0973 or tnguyen@lgsrecreation.org for trip information/registration.

LOS GATOS MOVIE ZONE

Elle Stern PRESENTS:

Classic Movies from the 20s, 30s, 40s

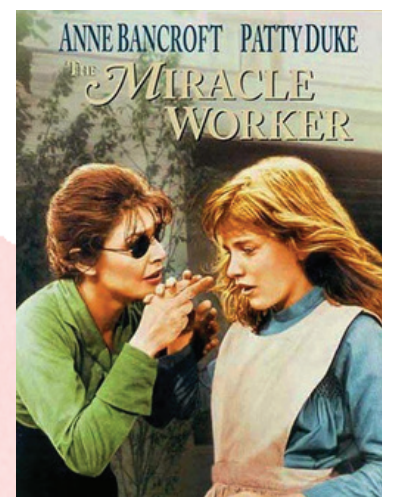
Wednesday, October 30 @ 1 p.m.

THE MIRACLE WORKER (1962)

This is a film about a Quaker family dealing with their faith during the Civil War in Indiana. Warm, winning story - funny, yet exciting. William Wyler's beloved film of Jessamine West's novel earned six Academy Award nominations including Best Picture and Dorothy McGuire winning Best Actress by the National Board of Review.

Not Rated, 1 hr 46 mins

Stars: Anne Bancroft, Patty Duke, Victor Jory, Inga Swenson, Andrew Prine and Kathleen Comegys



FRIDAY MOVIES with JUDY

Friday, October 25 @ 1 p.m.

THE TOMORROW MAN (2019)

Ed Hemsler spends his life preparing for a disaster that may never come. Ronnie Meisner spends her life shopping for things she may never use. In a small town somewhere in America, these two people will try to find love while trying not to get lost in each other's stuff.

PG-13, 1 hr 34 mins

Stars: John Lithgow, Blythe Danner, Derek Cecil



Sixty-three Los Gatos-Saratoga Union High School School District named as National Merit Scholar Semifinalists

Written by
Brandy Miceli

The National Merit Scholarship Program recognized 63 students from the Los Gatos-Saratoga Union High School District as semifinalists for 2020 scholarships.

The top one percent of a total of 1.5 million students receive this recognition by taking the Preliminary SAT (PSAT), which measures critical reading, math problem-solving and writing skills.

These semifinalists will continue academically competing to obtain one of the 7,600 National Merit Scholarships, for a total of \$31 million. To become a finalist, semifinalists must have an outstanding academic record, a high SAT score and be recommended by their high school principal.

The final application includes a student essay and information about their participation and leadership in school and community activities. Ninety percent of

semifinalists become finalists and more than 50 percent of finalists will win a National Merit Scholarship, earning the title "Merit Scholar."

"This rigorous process showcases some of the best students in the nation," a statement by the Los Gatos Saratoga Union High School District read. "LGSUHSD is proud of these semifinalists and wishes them much success in this competition and future endeavors."



Congratulations to the LGSUHSD Semifinalists: Eman A. Ahmad, Bhruhu Bharathi, Surbhi Bhat, George C. Bian, Leo H. Cao, Adrienne B. Chan, Kiran A. Chandrasekher, Allen Y. Chen, Jason Hong, Bradley Hsu, Rishi R. Jain, Anthony Jiang, Riya K. Kalra, Kayla N. Katakis, Sabrina H. Kim, Ujjwal Krishnamurthi, Reya M. Kumar, Ritika Kuppam, Christine J. Lee, Lauren S. Lee, Victor Lee, Cindy Li, Connie Liang, Nevin Liang, Raeshon E. Lim, Katherine Lu, Mathew Luo, Jeffrey Ma, Stephanie J. Ma, Armina Mayya, Liam S. McHugh, Arya Mididaddi, Sanmati Nakil, Aubrey L. Nguyen, Anna K. Novoselov, Ronak Pai, Anishi Patel, Elise V. Phan, Anoushka Rao, Rohan Rao, Sanjana Ravi, Aditya K. Reddy, Daniel G. Robinson, Adhit P. Sankaran, Ethan S. Sarnevesht, Dhruv H. Shah, Mira Sharma, Nikhil Sridhar, Naren Srinivasan, Sandhya M. Sundaram, Howard L. Tang, Michael W. Tang, Nandini S. Thakur, Blake J. Thomas, Alex Wang, Brandon Wang, Elaine Y. Wang, Christina E. Wong, Albert Xiao, Christina M. Xiao, Jeffrey Xu, Joshua B. Yoon, and Brian C. Zhu.

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COMMUNITY EVENTS

Written by **Shivali Kattumadam**

SARATOGA

South Asian Literature & Art Festival - Oct. 6, 12 p.m.

Montalvo Arts Center is hosting a day of rich South Asian culture on October 6! This event will be jam-packed with fun cultural experiences including art activities, book readings, Bollywood dancers, folk artists and more. Delicious food from the heart of the subcontinent will be offered at various stations throughout the event. Fifteen authors and artists will present on-stage sessions throughout the day, as well as an exhibition of Indian art in the Project Space. Everyone will be sure to enjoy this afternoon of dancing, amazing food and music.

Orchardist Charlie Olson to talk about the Valley of the Heart's Delight - Oct. 6, 1:30 p.m.

Saratoga is rich in history, and orchardist Charlie Olson will be at the Saratoga Library, sharing his vast knowledge about the Valley of the Heart's Delight and those who were a part of historical events. Sure to be an intriguing and informative event for those who love Saratoga's history.

San Jose Wind Symphony Presents "Vive la France" - Oct 20, 3 p.m.

Isabelle Chapuis, a world-renowned French flutist, will be performing Carmen Fantasy at Saratoga High School's McAfee Performing Arts Center on October 20. She has studied flute with some of the best flutists in France, taught at San Jose University and performed with the San Francisco Chamber Orchestra. Along with the stellar soloist, Camille Saint-Saëns, Gabriel Fauré, and Maurice Ravel will also perform.

LOS GATOS

Zhaoming Wu Workshop, Alla Prima Clothed Figure Painting - Oct. 4, 10 p.m.

Zhaoming Wu, a successful Chinese painter, is teaching a three-day painting workshop at NUMU. He currently is an instructor of painting at the Academy of Art University. The recommended skill level is intermediate to advanced, and the cost is \$675 for NUMU members and \$700 for all.

Wine-Paired Dinner at Black Ridge Vineyards - Oct. 5, 5 p.m.


Enjoy an exquisite five-course dinner prepared by chef Dave Page at Black Ridge Vineyards on October 5. Revel in the views of the beautiful city lights and the vistas of the vineyard while eating a meal that matches the vineyard's wines. Tickets are free for gold members, \$70 for silver members, \$90 for club members, and \$120 for non-members.

Visit www.blackridgevineyards.com/wine-club to learn more.

Art on Wheels, Creative Transportation - Oct. 19, 10 a.m.

Experience one-of-a-kind art on wheels, including cars, motorcycles, and bikes in this spectacular event hosted by Vintage Electric. Enjoy demo rides and demonstrations, a silent auction, food, refreshments and fun for the whole family. This event is located at 1725 De La Cruz Blvd Suite #4, in Santa Clara, but all proceeds from the event go directly to the exhibition and education programs at NUMU. There is free admission if you register prior to the event.

Register by visiting veb.eventbrite.com.



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A Halloween Dilemma

By Minda Schwartz, Member of Louise Webb's Memoir Class



Minda Schwartz

My husband and I were invited to a Halloween party given by cousins.

I was not at all thrilled with the invitation as I was five months pregnant and my husband, who was a good sport about most things, made an exception to his congeniality when it came to donning a costume. What to do?

I finally came up with a solution that

would work for both of us. I would go as a pregnant bride and my husband would carry a toy shot gun—a nod to the legendary “shot-gun weddings.”

First, I took my wedding dress out of the garment bag where it had been stored since our wedding and tried it on in front of my three year old daughter. The back of the dress had those pretty satin covered buttons all the way down. After some intense observation, my little daughter asked: “Mommy, could you button it when you got married?”

I took a deep breath and calmly said, “Yes, I could, honey.” Now I had no wedding dress

for my costume. Again, what to do?

And then I remembered my creative next door neighbor. I called her and explained my dilemma. She told me to come over and bring an old white sheet. Within an evening she had crafted a wedding gown fit for a pregnant “bride” going to a Halloween party, though definitely not fit for a fashion runway!

I still had my wedding veil and since my head, at least, had not grown, I was able to wear it with my “new” gown.

Off we went to the party, which was on a Saturday night at a party room in a large shopping center. We did not know where the

party room was, and I told my husband there was no way I was going to go wondering around looking for the party in my “gown and veil.”

And so I waited in the car in the very busy parking lot while he went inside to find the venue. I shall never forget the looks I got as cars pulled up to park alongside ours and saw me sitting in our car topped with a wed-

ding veil. They were somewhat shocked and totally sympathetic. I guess I looked like the bride abandoned in a shopping mall on a Saturday night!

No, we didn't win “best costume” at the party. But we did have a lot of fun and happily received a better prize four months later—a sweet baby girl!



Vinita's poem

Friendship is indeed a boon.
Staying together in tune

Flock of birds together sways
Although they have different ways

Fish in the ocean float in groups,
They never like lonesome glass room

Grass grows in tiny bunch,
Although a seed is only one

The early star looks alone
Next moment others roam

A branch carries plenty lives
The swing together with one belief

We are all connected souls
While seeking our individual goals.

- Vinita Mahajani

NEWS BRIEFS

Written by Shivali Kattumadam & Brandy Miceli

SARATOGA

Leaf Blower Regulations

New regulations on leaf blower use in Saratoga will go into effect on October 1. They specify that leaf blowers must not produce any more than 65 decibels at a distance of 50 feet. This is part of an effort to reduce noise pollution in Saratoga. In addition to this, leaf blowers may only be used Monday through Friday between 8 a.m. and 5 p.m., on Saturdays between 10 a.m. and 5 p.m., and not on Sundays at all.

Sacred Heart Carnival

The Sacred Heart Carnival is something most Saratoga residents know about - once you see the massive Ferris Wheel go up, you know the carnival is near. The carnival is Oct. 18 from 5 p.m. - 10:30 p.m., Oct. 19 from 2 p.m. - 10:30 p.m., and Sunday from 12 p.m. - 6 p.m. The Sacred Heart Parish takes pride in the continual success of this carnival. They say much of it is due to their tireless volunteers and staff working endlessly to create a weekend of entertainment and enjoyment for everyone. There will be something for everyone including rides, games, food and live music. The Old School Band is playing Friday, the Blue House Band and the Megatones on Saturday and Jim Steven & Friends and Knee Deep on Sunday. See parish.sacredheartsaratoga.org/carnival for set times and event details.

LOS GATOS

Almond Grove Project Phase II

The Almond Grove Rehabilitation Project has been completed, but the second phase is currently underway. It includes the rehabilitation of the eight remaining streets of Almond Grove—Tait, Bayview, Glen Ridge, Almendra, Wilder, Bean, Massol, and Nicholson. In the upcoming months, the project will focus on the removal and replacement of cracked roadway panels, curbs, gutters, sidewalks, and ramps at various locations. Additionally, extra minor remedial work will also be completed. The project is scheduled to be completed this month.

Los Gatos Pumpkin Patch is Open

Take your grandkids to the local pumpkin patch! The ABC Pumpkin Patch Los Gatos, located at 15600 Los Gatos Blvd on the corner of Los Gatos-Almaden Road is now open. There are several fun attractions for children, teens and adults as follows
Inflatable Amusement, \$13 for 30 minutes per child or \$17 for 60 minutes per child

Paint Ball Range: \$5 per cup

Duck Boats: \$7 per ride (adults too, up to 150 lbs) open Monday-Friday 4-8 p.m. and Saturday/Sunday from 12-8 p.m. (Opening 10/4)

The pumpkin patch itself is open Sunday through Thursday 10 a.m to 8 p.m., and Friday and Saturday 10 a.m. to 9 p.m.

West Valley STRIDERS



**Register via
Eventbrite.com**
[www.westvalleystriders.
eventbrite.com](http://www.westvalleystriders.eventbrite.com)

**10 - 11 a.m.: Warm-up &
1-mile or 3-mile walk**

**11 a.m. - 12 p.m.: Speaker/
Interactive workshop**

**12-12:30 p.m.: Enjoy lunch
at the Kirkorian
Pavilion**

OCTOBER 18 - OPTM Physical Therapy of Saratoga will lead an active workshop, Strong and Steady, teaching the group exercises for balance, strength and flexibility to help people FEEL BETTER and MOVE BETTER.

West Valley College 14000 Fruitvale Avenue, Saratoga
Meeting Place: VTA Bus Stop in Parking Lot 3
Free Parking available in Lot 2 or Lot 3





RYDE is a curb-to-curb transportation service for adults 65+ living in the West Valley that can only exist because of **VOLUNTEERS** like you!

You can make your own schedule while helping and meeting the neighbors in your community.

If you are interested in being a volunteer driver please contact our RYDE Coordinator at (408) 892-9739 or RYDE@sascc.org.

West Valley College Events

Jazz Band Concert - Oct. 4, 7 p.m.
at West Valley Theater, Main Stage
Hear the West Valley College Jazz Band perform.

Book of Days - Oct. 18, 19, 24, 25, 26 at 8 p.m., Oct. 20, 27 at 2 p.m.
at West Valley Theater Studio

Originally produced in 1998, Book of Days is set in a Missouri town dominated by a cheese plant, a fundamentalist church and a community theater. After the owner of the cheese plant dies mysteriously in a hunting accident, Ruth, his bookkeeper, begins to suspect murder as she contemplates the details.

Being cast as Joan of Arc in a local production of George Bernard Shaw's play, Saint Joan, Ruth is motivated by her character study to aggressively seek the truth. The quest embroils her in the jealousies, religion, greed, and lies of the small community, and the edges of "Ruth" and "Joan" become blurry for both herself and those around her.

This play is by Lanford Wilson, and directed by Carol Fischer. General admission tickets cost \$15; student and senior tickets cost \$10.

Light Out of Darkness - Oct. 25, 8 p.m. at West Valley Theater

West Valley College Concert Choir and Chamber Singers will be joining with choirs from the two high schools in Gilroy to pay homage to the survivors of the violence at the Garlic Festival. The concert will focus on healing, community and love. General admission tickets are \$15, student and senior tickets are \$10.

Día de los Muertos Celebration - Oct. 28, 12-2 p.m.
at West Valley Campus Center

Celebrate Día de los Muertos with food and a fun art activity.



WEST VALLEY COLLEGE

REGISTRATION FOR NONCREDIT CLASSES

FALL 2019 (AUGUST 26 – DECEMBER 14)

If you wish to enroll in one of the following noncredit classes [below] you will follow the online registration process for West Valley College:

- Submit an online application. You will receive a confirmation page upon submission. Please keep your confirmation number for future reference.
- Next, you will receive an email within 24 business hours with your student ID number, password and registration information. If you do not receive this email, please contact our Admissions Office at (408) 741-2001 or email: askwvc@westvalley.edu
- Register for your classes on the WVC Portal.

Need help or a paper application? Call Admissions and Records at (408) 741-2001 or email askwvc@westvalley.edu

For more information on non-credit courses, please call Janet Lyle at (408) 741-2137 or email janetlyle@westvalley.edu

FALL 2019 COURSES:

NCAD 110A: Basic Life Skills

NCAD 110B: Intermediate Life Skills

NCAD 114: Citizenship

NCBU 15: The Entrepreneur Mind

NCBU 54: Small Business Start-Up

NCBU 56: Marketing Basics

NCCR 2: Stenographic Skillbuilding Level 2 (80-140 WPM)

NCCR 3: Stenographic Skillbuilding Level 3 (160-220 WPM)

NCMU 152: Orchestra for Older Adults

NCMA 104: Essential Math for Basic Skills Students–
Percents and Signed Numbers

NCMA 106: Essential Math for Basic Skills Students–
Pre-Algebra Part 1

NCMA 107: Essential Math for Basic Skills Students–
Pre-Algebra Part 2

NCMA 10C: Mathematical Support for Elementary Statistics

NCPE 1.30: Adapted Fitness

NCPE 1.31: Adapted Aerobic Exercise

NCPE 1.32: Adapted Core Stretching

NCPE 1.33: Adapted Aquatics

NCPE 1.34: Adapted Weight Training

Janet Lyle, Director, School of Continuing Education
(Noncredit)

West Valley College 14000 Fruitvale Avenue

Library, room 22

(408) 741-2137

janetlyle@westvalley.edu



Thank you to everyone who joined us at our annual health fair in September. It was our best health fair yet and we definitely plan to make it even more amazing next year!

A special thank you to all of our sponsors, we would not be able to create such a great event without your help!






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- Launch the app