Los Gatos High School Community Aquatics Center
20 High School Ct. Los Gatos, CA 95030

Social Distancing Protocol
Can the virus that causes COVID-19 spread through swimming pools?

There is no evidence that the virus that causes COVID-19 can be spread to people through the water in pools, hot tubs, or water playgrounds. Additionally, proper operation of these aquatic venues and disinfection of the water (with chlorine or bromine) should inactivate the virus.

Individuals should continue to protect themselves and others at public pools, hot tubs, and water playgrounds, both in and out of the water – for example, by staying at least 6 feet away from people you don’t live with and wearing cloth face covers when not in the water.

In addition to ensuring water quality and safety, operators of public pools, hot tubs, and water playgrounds should follow guidance on cleaning and disinfecting community facilities.

Swimmers are **NOT** permitted to enter the facility if:

- They have a fever (100.4 F or higher), cough, shortness of breath, sore throat, chills, headache, new loss of taste or smell, or other symptoms listed by the CDC.
- Anyone in their home has symptoms or tested positive for COVID-19 within the last 14 days.
- They have been exposed to anyone who has symptoms or tested positive for COVID-19 within the last 14 days.
- We reserve the right to send any participant home who is showing signs or symptoms of illness.

Swimmers must come to the pool:

- Wearing a face mask (adults and children over age 2)
- Already wearing a swimsuit
- Already showered at home before coming to the pool
- Any medicine or other required items can be brought in a bag and will be stored in a sanitized area for the duration of the program
Parking at Los Gatos High School

- Take Pleasant St. and turn left on New York Ave

- Park in large parking lot off New York Ave

- Walk over to the check-in desk and be prepared to maintain a 6 feet distance as marked by the tape on the ground approaching the facility

- Parent/Guardian must wear a face covering when dropping off swimmers
Check-In Procedures

- Parent/guardian must wear face covering when dropping off swimmers
- Participants’ temperature will be taken with a temporal thermometer, along with a documented health screening
- Everyone must use hand sanitizer provided at the check-in deck before entering the facility
- Expect to receive notification if the health of their child has changed following check-in
Measures for Safe Swimming

• Separate areas for entrance/exit for staff and patrons to prevent gatherings

• Lap Swim: Please place your swim bag on the chair by your lane and remove your face covering just before entering the water. Face coverings should be put back on immediately after exiting your lane.

• Swim Lessons: Parents may sit on the bleachers & chairs but should maintain social distance. After class, swimmers will retrieve belongings and exit the facility. Designated staff will sanitize the area for the next swimmer.

• All lessons and camps: Programs modified to maintain 6 feet social distance

• Swimmers must enter their assigned lane with a three-point entry. Swimmers must sit down and slide in feet first with one hand guiding them into the pool.

• One swimmer per lane. Swimmers living in the same household may share a lane

• Diving boards and dive blocks are not available for use
Check Out Procedures

• Swimmers must retrieve belongings from bleachers immediately after class. Designated staff will sanitize the area for the next swimmer.

• Swimmers must exit with proper social distance using the back gate by the shallow pool

• Swimmers cannot loiter in parking lot or on school campus

• Parent/guardian may meet swimmers by back gate
FAQ

Spectators
• 1 parent/guardian may enter the facility to watch swim lessons

Changing & Locker Room Access
• Are swimmers allowed to use facility showers after practice?
  o No, Santa Clara County does not allow locker room usage. A staff member will open the locker room on deck for use of a single large stall for bathroom use. Bathroom sinks and showers are blocked off, patrons must wash hands using the hand wash station by the locker room door.

• Can my swimmer change in the locker room after practice?
  o No, Santa Clara County does not allow locker room usage

• Can I deck change?
  o No, USA Swimming rules prohibit deck changing. Swimmers are required to enter and leave the facility with their swimsuits on.

Questions? Email Rigo Amador at ramador@lgsrecreation.org