

January

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 3 | 4 | 5 | 6 | 7 |
| Democracy Tent (Zoom ) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Ping Pong (Rm 5) 2:00PM-4:00PM | Happy Hoofers Walking Group (Lounge) 9:15AM-11AM Mah Jongg (Rm 5) 10:00AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM | Game Day (Large Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:30AM-12:00PM | Current Event Group 1:30PM-3:00PM | Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:30AM-12:00PM |
| 10 | 11 | 12 | 13 | 14 |
| Democracy Tent (Zoom ) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Ping Pong (Rm 5) 2:00PM-4:00PM | Happy Hoofers Walking Group (Lounge) 9:15AM-11AM Mah Jongg (Rm 5) 10:00AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM | Game Day (Large Hall) 9:00AM-12:00PM Women's Artist Connection (Rm 2) 10:00AM-12:00PM Ping Pong (Rm 5) 10:30AM-12:00PM Single Again (Lounge) 12:30PM-2:30PM | Armchair Travel: Zambia (Lounge) 10:00AM-11:30AM Current Event Group (Lounge) 1:30PM-3:00PM Democracy Tent (Large Hall) Topic: Cannabis Sales in Los Gatos 7:00PM-8:30PM | Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:30AM-12:00PM |
| 17 | 18 | 19 | 20 | 21 |
| Holiday Closure | Happy Hoofers Walking Group (Lounge) 9:15AM-11AM Mah Jongg (Rm 5) 10:00AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM | Game Day (Large Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:30AM-12:00PM Jeopardy (Lounge) 12:00PM-1:00PM | Current Event Group 1:30PM-3:00PM Tech with Teens (Hall) 3:00PM-4:00PM Democracy Tent (Large Hall) Meet Town Mayor Rob Rennie 7:00PM-8:30PM | Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:30AM-12:00PM |
| 24 | 25 | 26 | 27 | 28 |
| Democracy Tent (Zoom ) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Ping Pong (Rm 5) 2:00PM-4:00PM | HICAP by Appointment 9:00AM-1:00PM Happy Hoofers Walking Group (Lounge) 9:15AM-11AM Mah Jongg (Rm 5) 10:00AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM | Game Day (Large Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:30AM-12:00PM | Current Event Group 1:30PM-3:00PM Chess (Rm 5) 10:00AM | Artist Workshop (Rm 206) 9:00AM-12:00PM Needle Craft Corner (Lounge) 9:00AM-11:30AM Town of Los Gatos Covid Testing by appt. (Hall) 9:30AM-4:00PM Ping Pong (Rm 5) 10:30AM-12:00PM |
| 31 |  | | | |
| Democracy Tent (Zoom ) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Ping Pong (Rm 5) 2:00PM-4:00PM | | | | |

Interested in learning something new this year? Our American Mah Jongg Group is looking for new players to join the group! They will be hosting a "learn to play" Mah Jongg class for anyone interested in learning more. Sign up with Lisanne. Check out this video to learn more about how to play! bit.ly/348LKzG


Need help registering for a program? Call our info line at 408.354.8700 or stop by the Senior Office Monday through Friday 9:00AM-12:00PM

Group Descriptions

- **Armchair Traveler - *NEW***
Join Lisanne in the lounge each month to travel to a new destination. This month we travel to Zambia!
- **Art History Group** - Look for this to return in February.
- **Artist Workshop** – Improve watercolor, acrylic, and oil painting techniques in a friendly, welcoming atmosphere. No formal instruction and all levels are welcome.
- **Book Club** - Enjoy reading and discussing books? Join us and visit the 55 Plus Office for the current list of book selections.
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Democracy in Peril** - Join this group each week for a lively debate.
- **Democracy Tent** - Non-partisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators will provide topics for discussion, though participants are welcome to suggest additional topics as well.
- For upcoming topics and Zoom access, please visit the Democracy Tent bit.ly/32MyTmx
- **Happy Hoofers Walking Group** - Get Moving! Walk to local areas at your own pace as you socialize and explore Los Gatos.
- **Jeopardy - *NEW*** Join Lisanne in the lounge for some fun trivia or to learn something new.
- **Mah Jongg** – Come join our friendly group of American Mah Jongg players. No formal instruction and all levels are welcome. Looking for new players to join the group.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Reader's Theater** – Look for this to return in March.
- **Single Again... But Not By Choice** – For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Tech with Teens** - Join us on the 3rd Thursday of each month. Local High School volunteers are available to assist you with tech support.
- Whether you'd like to know how to send an email, work a new app, edit a photo, or any other tech question, they are here to help. Program includes both content presentations and an open forum.
- **Town of Los Gatos- COVID-19 Testing** – Testing will be offered on January 28 from 9:30am-4pm inside the Adult Recreation Center. To book an appointment visit bit.ly/3qQ68ND.
- **Wednesday Game Day** - Bridge, Canasta, Chess, Scrabble, and everything in between! Come and join our friendly group on Wednesday from 9:00am – 12:00pm. To reserve your spot, please contact the group facilitator, Lynnette Vega at 650-747-0605 or lahondalynnette@earthlink.net.
- **Women's Artist Connection** – Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)



Santa Clara County Fire Crime Prevention and Home Fire Safety Presentation

(Virtual  & Played in Lounge)
Tuesday, February 1st 4:00PM-5:30PM

Protect against fraud and identity theft. Discuss personal safety and home security protection methods. Identify suspicious activity and know when to report it. Understand fire risks and practice safety habits to prevent fires. Develop a home escape plan. *Instructors: Law Enforcement & Fire Dept.* This event will also be shown in the lounge for those of you that cannot access it from home.

Register to attend the virtual presentation from your home bit.ly/3HwTeLd

55 Plus Programs

Los Gatos Adult Recreation Center

208 East Main Street, Los Gatos, CA

408.354.1514



Become a 55 Plus Program Member (\$25 annual fee)

For a full listing of our programs and services, visit www.lgsrecreation.org/adults/55-plus
Drop by the LGS Adult Recreation Center during office hours, Monday-Friday 9:00AM-12:00PM

Great Getaway Adult Day Trips

Pick up for all trips now available for both Los Gatos and Saratoga locations.

Adult Recreation Center

208 E Main St, Los Gatos, CA 95030

Joan Pisani Community Center

19655 Allendale Avenue, Saratoga, CA 95070

Check back for new trips beginning Spring 2022!

Extended Trips with Talbot Tours

Overnight and international tours and cruises available in partnership with Talbot Tours.

Guaranteed departure and home pick up.

Call 408.354.1514 for more information or stop by the 55 Plus office for a detailed flyer.

Do you have a trip you'd like to see?

Contact 55plus@lgsrecreation.org - your Great Getaways feedback is appreciated!

Free or Low Cost Services

Our staff are available to assist you with registering for trips or other fee-based classes, scheduling appointments with service providers, and providing basic referrals to services.

- **AARP Income Tax Help** – This service will be back in person at the ARC from February through April. Stay tuned for more information and available appointments.
- **AARP Mature Driver Classes** – Information will be available in future publication. Contact 408.354.1514 for info.
- **Brown Bag Program (Second Harvest)** – Call Second Harvest at 1.800.984.3663 for application.
- **Health Insurance Counseling & Advocacy Program (HICAP/SOURCEWISE)** – In person appointments are back! Please call Senior Office 408-354-1514 to book an appointment. Appointments are available at 9am, 10:15am and 11:30am on Tuesday January 25th. Phone/Virtual appointments are also still available through Sourcewise by calling 408-350-3200 and select option 2. bit.ly/31nhdxq
- **Life Happens** – Social Support Group. Please call 408.354.1514 – RSVP Required.
- **Live Oak Nutrition** - Meal service at Los Gatos Methodist Church. Call 408.354.0707 for details.
- **Senior Adults Legal Assistance for Adults (SALA)** – Virtual/phone appointments currently available. Call 408.295.5991 for details.

Volunteer Opportunities

Interested in giving back!? Stop by our senior office during our normal business hours or give us a call for more information.



*"Building a healthy community
through enrichment,
innovation and fun!"*