

#PRINT



JUNE FEATURE: FAB SUMMER!

Please give a warm welcome to our new Activity Leader Tammy - we are thrilled to be able to offer more in house programs! Come out join our social discussion groups for Jeopardy, Armchair Travel, and Who, What, Where to meet Tammy. Also joining us this summer is Stephanie who will be taking the lead on special programs, including sharing her artistic talents with our community!

Here at LGS Recreation we are gearing up for a FAB (fifty-five and above) summer for our 55 Plus members! We will kick things off with a meet up at Vasona Boating on June 21st to celebrate Father's Day! This June we will also have Mah Jongg lessons, ice cream socials, a new 7-week water fitness class, special art classes with Stephanie, and a 55 Plus meet up to attend The Promenade together to enjoy the sounds of summer! Coming up in July, look forward to the much-anticipated return of Great Getaway Adult Day Trips (more info on back page), Social Dances with bonus ballroom dance lessons, and of course our annual Senior Picnic on July 27th!

MAY RECAP

This month's High Tea fit for a Queen was a royal hit! A huge thank you to our lovely pianist Sue whose wonderful playing added an elegant touch. Thank you to all who attended and to Elvira for leading floral watercolor painting. Members were moving and grooving this May during the Ballroom Cha Cha Cha and Country and Western Line Dancing demos. Many members also displayed their talents during the Ukulele performance, Hula Performance, and Art and Music Appreciation classes.


Sincerely, Lianne Kennedy (Recreation Coordinator)



Monday – Friday
Office Hours: 9:00AM – 12:00PM
208 E. Main Street, Los Gatos, CA 95030

408.354.1514
55plus@lgsrecreation.org
www.LGSRecreation.org

June

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| <p>Click on this link to RSVP for June Special Events & Programs bit.ly/55PlusJuneEvents</p> | | 1 | 2 | 3 |
| | | <p>Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Chair Exercise with Tammy (Hall) 1:00PM-2:00PM</p> | <p>Learn to Play: Mah Jongg #1 (Hall) 10:00AM-12:00PM Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM</p> | <p>Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM</p> |
| 6 | 7 | 8 | 9 | 10 |
| <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Zoom) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Chair Exercise with Tammy (Hall) 1:00PM-2:00PM</p> | <p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM  Ice Cream Social & Indoor Lawn Games (Hall) 12:30pm-2:00pm Jeopardy (Lounge) 2:00-3:00pm Learn to Play: Chess (Rm 3) 10:30am-12:30pm</p> | <p>Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Women's Artist Connection (Rm 3) 10:00AM-12:00PM Chair Exercise with Tammy (Hall) 1:00PM-2:00PM Single Again (Lounge) 12:30PM-2:30PM Readers Theatre (Lounge) 3:00PM-5:00PM</p> | <p>No Mah Jongg Lesson Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM Prime Timer's Group with Janeen Pratt (Lounge) 10:30AM-11:30AM</p> | <p>Artist Workshop (Hall) 9:00AM-12:00PM NEW Learn to Crochet with Steph (Lounge) 9:00AM-11:30AM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM</p> |
| 13 | 14 | 15 | 16 | 17 |
| <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Hand and Foot Canasta (Rm 5) 2:00pm-4:00pm Chair Exercise with Tammy (Hall) 1:00PM-2:00PM</p> | <p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM Learn to Play: Chess (Rm 3) 10:30AM-12:30PM Armchair Travel: Amsterdam (Lounge) 12:30PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM</p> | <p>Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Chair Exercise with Tammy (Hall) 1:00PM-2:00PM</p> | <p>Learn to Play: Mah Jongg #2 (Hall) 10:00am-12:00pm Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM Tech Help w/ Steph (Hall) 3:00PM-4:00PM SPECIAL EVENT: Promenade Meet Up *Meet at 4:30PM</p> | <p>Artist Workshop (Hall) 9:00AM-12:00PM NEW Learn to Crochet with Steph (Lounge) 9:00AM-11:30AM Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM NEW 55+ Water Fitness (LGHS Pool) *Sign up required \$5 12:30PM-1:30PM</p> |
| 20 | 21 | 22 | 23 | 24 |
| <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM NEW Art Project with Steph (Large Hall) 10:00AM-12:00PM Chair Exercise with Tammy (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM</p> | <p>HICAP by Appt. (Rm 3) 9:00AM-12:30AM Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM Learn to Play: Chess (Rm 3) 10:30AM-12:30PM SPECIAL EVENT: Meet Up at Vasona Boating - Ice Cream, Pedal Boat and Canoes! (Sign up 408.354.1514) 10:30AM-12:30PM Pinochle (Rm 5) 1:00PM-4:30PM</p> | <p>Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM</p> | <p>Town Covid Testing by Appt. 9:30AM-3:00PM Learn to Play: Mah Jongg #3 (Rm 5) 10:00AM-12:00PM Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM</p> | <p>Artist Workshop (Hall) 9:00AM-12:00PM NEW Learn to Crochet with Steph (Lounge) 9:00am-11:30am Needle Craft Corner (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM NEW 55+ Water Fitness (LGHS Pool) *Sign up required \$5 12:30PM-1:30PM</p> |
| 27 | 28 | 29 | 30 | |
| <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM NEW Art Project with Steph (Large Hall) 10:00AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM</p> | <p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Hall) 10:00AM-12:30PM Learn to Play: Chess (Rm 3) 10:30AM-12:30PM Book Club (Rm 3) 12:00PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM NEW Who, What, Where? (Lounge) 12:30PM-1:30PM</p> | <p>Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM</p> | <p>Learn to Play: Mah Jongg #3 (Hall) 10:00AM-12:30PM Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Overview of Grief Talk & Support Group with Sheila NP (Lounge) Current Event Group (Lounge) 1:30PM-3:00PM</p> | |

Group Descriptions

- **NEW 55 Plus Water Workout**– 7-week summer program - Join instructor Kiana at LGHS pool! Come enjoy this fun class and feel the benefits of water aerobics! \$5/class or \$30/for all 7. Sign up required call 408.354.1514.
- **Art and Music Appreciation** – Interactive class exploring and discussing influential artists and musicians followed by the West Valley College Instructor playing guitar and leading the group singing well-known songs. Participants are welcome to bring their own instruments in! Sign up with the 55 Plus office required. *If you would like this class to continue, please sign up with the 55+ office.*
- **NEW Art Project with Steph** – Each week we will have a fun and creative project to work on. Come explore different mediums. Materials will be provided and more details about projects to come!
- **Armchair Traveler** - Each month we discuss and virtually travel to a new far-off destination.
- **Artist Workshop** - Open workspace. Bring in your materials and work on your individual projects with our welcoming community of artists. No formal instruction and all levels are welcome.
- **Book Club** - Meets on the 4th Tuesday of each month. June Book: A Year in Provence by Peter Mayle.
- **NEW Chair Exercises with Tammy** – Our new Activity Leader Tammy will be leading a chair exercise class until Stay Fit returns!
- **NEW Chess Club & Learn to Play Chess** - Welcome to beginners who would like to learn the basics of chess and more experienced players looking for a match! Led by our knowledgeable instructor Gavin.
- **Current Events** - Lively and informative discussions regarding local, state, national and world current events. Attendees are encouraged to bring topics that are important to them to discuss.
- **Democracy in Peril** -Take some. Leave some. Share some of what you take. That is capitalism. What say you???
- **Democracy Tent** - Nonpartisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators provide topics for discussion but are open to suggestions. Zoom access bit.ly/32MyTmx or meet in person.
- **NEW Hand and Foot Canasta** – Calling all Canasta players! We are looking to start a hand and foot group. See the 55 Plus office for a list of rules and a description of play.
- **Indoor Lawn Games Social** - Join us for cornhole, ladder golf, ping pong, and shuffleboard!
- **Jeopardy** - Put your thinking cap on and test your general knowledge on ever rotating topics. Come out to join our discussion and learn something new!
- **NEW Learn to Crochet with Steph** – Ever wanted to learn to Crochet? Materials will be provided but bring your patience in with you and start to learn how to loop yarn into all sorts of cozy items.
- **Mah Jongg** – Friendly American Mah Jongg players group. All levels are welcome. If you are interested in learning to play, please sign up with the 55 Plus office.
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Prime Timers' Support Group:** Warm and welcoming open forum social support group.
- **Reader's Theater** – Read aloud modern and classic plays without having to memorize the lines! Sign up with the 55 Plus office required.
- **Single Again... But Not By Choice** – For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Stay Fit** – Join Mary Ann Smith, a certified personal trainer, from West Valley College for this chair-based exercise class. Sign up with the 55 Plus office required.
- **St. Mary's Bridge** – Looking for intermediate level bridge players interested in subbing. Sign up required, inquire with 55 Plus office.
- **Tech with Teens** - Bring your devices and questions on the 3rd Thursday of each month. Our knowledgeable high school volunteers are available to assist you with tech support. Stay for a cup of tea and cookies. ***On break for summer but Steph will fill in to answer your questions!**
- **SPECIAL EVENT The Promenade Meet Up** – Park at the Adult Rec Center, meet up with other 55 Plus members, walk over to the Promenade stages to enjoy the sounds of summer and live music together. Sign up with 55 Plus Office is required. For more info on the Promenade visit bit.ly/losgatospromenade
- **Town of Los Gatos–COVID-19 Testing** – Appointment required bit.ly/3qQ68ND
- **Tuesday Town Walkers** - Get Moving! Walk to local areas at your own pace, socialize and explore Los Gatos.
- **Wednesday Game Day** - Bridge, Scrabble and Canasta. Come join our friendly group. To reserve your spot, please contact Lynnette 650.747.0605 or lahondalynnette@earthlink.net. Want to see another game? Let the 55 Plus office know.
- **NEW Who, What, Where?** - Social discussion group. From famous people, interesting places, to random objects. 25 clues will be presented one by one to bring you closer to guessing Who, What or Where! Followed by a more in-depth discussion.
- **Women's Artist Connection** – Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)
- **SPECIAL EVENT Vasona Boating Day** - In honor of Father's Day we will have a 55 Plus Event at Vasona Lake County Park. More details on the following pages of the The PRINT.

55 PLUS FAB SUMMER

Click on this link to RSVP for June Special Events & Programs
bit.ly/55PlusJuneEvents

Special Events

SPECIAL EVENT at Vasona Boating - Tuesday June 21st @ 10:30AM-12:30PM

Come celebrate the first day of Summer and Father's Day by enjoying a day out at Vasona Boating! Test out a canoe or pedal boat, play lawn games, socialize with other members, and enjoy the nice weather. Hot dogs, watermelon, and ice cream will be served! FREE canoes and boat rentals for members!

We will meet at Vasona Boating, not at the Adult Recreation Center. There is a \$6 fee to park at Vasona park.
Address: 333 Blossom Hill Rd, Los Gatos, CA 95032

55 Plus Promenade Meet Up - Enjoy Live Music in Los Gatos

Thursday June 16th - Music by Summit Sisters & Paul Kent
Meet and park at the Adult Recreation Center at 4:30PM.

The Promenade, presented by the LG Chamber of Commerce, is back this summer and 55 Plus Members are hitting the town. Tammy is leading a group on a mini walking trip to check out the event!

Be prepared for a 15-20 minute to the stages with live music.

Thursday Nights June 16th through August 4th (except June 30th) from 5:00PM-9:00PM.
N. Santa Cruz Avenue will be closed between Bachman Ave and Main St.

bit.ly/losgatospromenade

55 Plus Water Workout - NEW - 7 Week Summer Class

Sign up with 55+ Office is Required

\$5/class or \$30/ 7 classes

Fridays 12:30PM-1:30PM @ LGHS Pool from June 17-August 4th (except July 1st)

We are thrilled to announce a summer special "55 Plus Water Workout". Our enthusiastic instructor Kiana brings her passion to the pool to ensure all participants enjoy a great low impact workout! Water aerobics can be a good cardio workout, enhance balance, improve flexibility, is easy on the joints, reduces risk of injury, aid weight loss or increased metabolism, build muscle and strength, reduce joint pain and more!

Snug water shoes are highly recommended.

This class takes place in the shallow end.

Open to all levels beginner to advanced.

Directions to Pool, 20 Highschool Court: bit.ly/LGHSAquaticsDirections



55 Plus Featured Programs



55 Plus Office Art Gallery

55 Plus Office Art Gallery is currently featuring paintings by one of our talented Friday Artist Workshop members, John Wenzel! We are so appreciative of John displaying his work in the office, it brings in so much color and life! Be sure to pop into the office to check out his work and share a fun fact about a cassowary!

Summer Art Series

Special Art Project with Stephanie - Materials Provided *more details to come!
Monday June 20th & 27th at 10:00AM-12:00PM

Learn to Crochet this Summer with Stephanie - Materials Provided
Fridays in the lounge from 9:00AM-11:30AM starting June 10th



Social Discussion Groups with Tammy Who, What, Where?

Tuesday June 28th 12:30PM-1:30PM

25 clues will bring you closer and closer to figuring out three mystery topics.

JEOPARDY

Tuesday June 7th 2:00PM-3:00PM

(\$400) This three-letter word associated with you goes up every year but never comes down.

(\$800) This is a narrow strip of land that links two larger areas of land and has sea on either side

Armchair Travel: Amsterdam

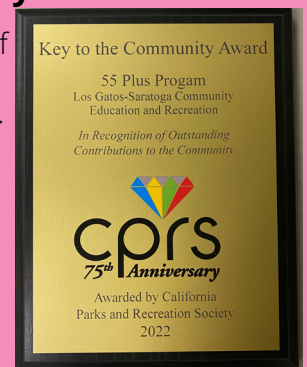
Tuesday June 14th 12:30PM-1:30PM

Join us for a multimedia look at Amsterdam and enjoy a stroopwafel! Have you traveled to the Netherlands? We would love to swap stories!

SPECIAL ANNOUNCEMENT!

California Parks and Recreation Society - Key to the Community Award

On May 5th CPRS awarded LGS Recreation with this Award for the contributions of Program during the pandemic. CPRS is a statewide organization with a mission to advance the park and recreation profession through education, networking, resources and advocacy. The 55 Plus Program offered services to meet the diverse social, emotional, and cognitive needs of our community's seniors - especially during difficult times. Many activities were provided safely with modifications and safety considerations, for example Game Day continuing outdoors. Annual events like the Senior Picnic and Thanksgiving Lunch were shifted to drive-through options. The 55 Plus Program was one of the few senior related programs in the Bay Area that continually remained accessible.



Monthly-Quiz & Puzzles

Say What?

The object is to reveal the famous quote reading across the lines of the grid by rearranging the letters within each column.
Hint: The quote below is by Bill Wilson.

| | | | | | | | | | | | |
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| M | O | | T | P | E | | S | H | U | E | D |
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A Manly Search and Solve

Find each of the items from the categories listed below. Search vertically, horizontally, diagonally, forward, and backward.

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| D | R | T | Y | H | Y | S | I | M | L | H | D |
| P | D | A | T | L | H | O | I | W | U | G | R |
| W | U | R | L | A | R | C | Y | Y | F | U | I |
| E | O | T | V | U | R | U | A | W | R | O | V |
| N | A | E | T | O | C | W | B | E | E | T | E |
| I | R | S | W | E | R | S | T | S | W | K | R |
| A | E | A | T | I | R | E | U | T | O | Q | T |
| D | V | X | A | F | E | O | P | M | P | W | E |
| E | T | F | N | U | R | E | T | A | E | H | T |
| N | A | G | I | L | L | U | M | H | E | E | P |
| T | E | I | T | O | A | S | T | E | R | V | E |
| S | O | U | T | H | Q | R | A | D | I | O | O |



Find five items associated with golf.

Find five things that you plug in.

Find four words synonymous with *strong*.

Find four compass directions.

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Wacky Wordies

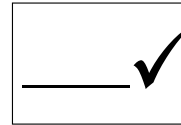
Each of the puzzles below provides a visual representation of a common word or phrase. Can you decipher the clues in each puzzle box?



1. _____



2. _____



3. _____



4. _____



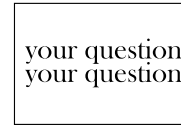
5. _____



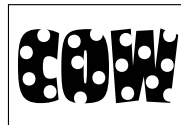
6. _____



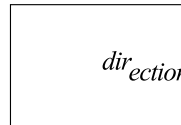
7. _____



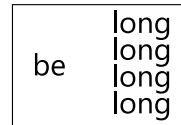
8. _____



9. _____



10. _____



11. _____



12. _____

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Famous Fathers

Match the clues to the famous fathers.

- | | |
|---|---------------------|
| 1. Father of Hercules _____ | A. Charles Darwin |
| 2. Composer who fathered 20 children _____ | B. King Triton |
| 3. His daughter followed his boxing footsteps _____ | C. Zeus |
| 4. Father of psychoanalysis _____ | D. Mahatma Gandhi |
| 5. Father of William and Harry _____ | E. Jim Henson |
| 6. Evolutionist that had 10 children _____ | F. J. S. Bach |
| 7. Father of modern astronomy _____ | G. Father Time |
| 8. He and Victoria had nine children _____ | H. Muhammad Ali |
| 9. The father of reggae _____ | I. Barack Obama |
| 10. The father of India _____ | J. Jacques Cousteau |
| 11. Father of author Joe Hill _____ | K. Sigmund Freud |
| 12. Father of oceanography _____ | L. Stephen King |
| 13. The Little Mermaid's dad _____ | M. Prince Charles |
| 14. New Year's Eve figure _____ | N. Prince Albert |
| 15. Father of Malia and Sasha _____ | O. Bob Marley |
| 16. Father and muppeteer _____ | P. Galileo |



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Special Events/Announcements

Other Events Around Town in May:

Jazz on the Plazz

Starts June 29th –

Tickets and info bit.ly/jazzontheplazz

Blood Drive

June 10th

Register here bit.ly/losgatosblooddrive



LOS GATOS
LIBRARY

Balance and Fall Prevention Class at the Los Gatos Library

June 9th & 16th at 12:00PM-1:00PM

For more information

bit.ly/losgatosbalanceandprevention

Music in the Los Gatos Library

Sunday June 12th 3:00PM-4:00PM

Guest Presenter – Sheila Thares- Callaway (R.N., M., S., M.H.P.N.P.)

Overview of Grief: Presentation & Group Support
Thursday June 30th @ TBD

Bereavement changes us. Learn more about the process of healthy grieving. This class will present the signs and symptoms of both the benefits of bereavement as well as how to recognize complicated grief. Resources will be provided. After the talk anyone wanting to share their story can be heard and offered a safe place for support and validation.

Essential Dementia Caregiver Strategies

In May we had a guest speaker on Essential Dementia Caregiver Strategies. Would you or someone you know benefit from a Caregiver Support group hosted at the ARC? Let the 55 Plus Office know.

May Highlights





55 Plus Programs

Become A 55 Plus Program Member
(\$25 Annual Fee)

55 Plus Program Facilitators and Volunteers

Are you interested in starting a new club or group at the Adult Recreation Center? Are you looking to get involved in our community? Contact 55plus@lgsrecreation.org or call 408.354.1514.

Great Getaway Adult Day Trips

Pick up for all trips from the
Los Gatos Adult Recreation Center
208 E Main St, Los Gatos, CA 95030

To register call 408.354.1514 or bit.ly/3NN57Qw

55 Plus Members receive \$10 off all Great Getaway trips! Use promo code or call our office.

- **July: Go Giants! - Wednesday July 13th** - The trip includes Club Level seats as the Giants take on the Arizona Diamond Backs, transportation, and a \$12 meal voucher at the game.
Member Price: \$135, Adult Ticket: \$145
- **August: Monterey Bay Aquarium & Lunch in Carmel - Tuesday August 16th** - This trip includes your ticket into the Aquarium, transportation, and a lovely lunch in Carmel at Earthbound Farm Stand.
Member Price: \$170, Adult Ticket: \$180
- Is there somewhere you would like to go or something new you would like to experience? We welcome your input on this form bit.ly/38NaMHw
- Extended Trips with Talbot Tours Overnight and international tours and cruises available in partnership with Talbot Tours. Guaranteed departure and home pick up. Stop by the 55 Plus office for a detailed flyer.

Free or Low Cost Services

Our staff are available to assist you with registering for trips or other fee-based classes, scheduling appointments with service providers, and providing basic referrals to services.

- **AARP Income Tax Aide** - Closed for the season.
- **AARP Driver Safety** - Full course July 12th and 14th 12:00PM-4:30PM. Call 408.354.1514 or visit the 55 Plus Office.
- **Brown Bag Program (Second Harvest)** - Call 1.800.984.3663 for application.
- **Health Insurance Counseling & Advocacy Program (HICAP)** - Meet in person with our knowledgeable representative. Call or visit the 55 Plus Office 408.354.1514.
- **Live Oak Nutrition** - Meal service at Los Gatos Methodist Church. Call 408.354.0707.
- **Need help with transportation?** - Check out the VTAs comprehensive list in the Senior Mobility Guide bit.ly/3NEH06k
- **Reach Your Destination Easily (R.Y.D.E.)** - Transportation for adults 65 Plus. Visit www.wvcommunityservices.org/ryde to learn more or call 408.892.9739.
- **Senior Adults Legal Assistance for Adults (SALA)** - Virtual/phone appointments available. Call 408.295.5991.
- **1:1 Support Session with Janeen (GCM)** - Private session is available by appointment through the 55 Plus Office.

Wanted

Needle Craft Corner Participants! Bring in your knitting, crochet, embroidery projects!
Meet every Friday 9:00AM-12:00PM.
55plus@lgsrecreation.org or call 408.354.1514



"Building a healthy community
through enrichment,
innovation and fun!"