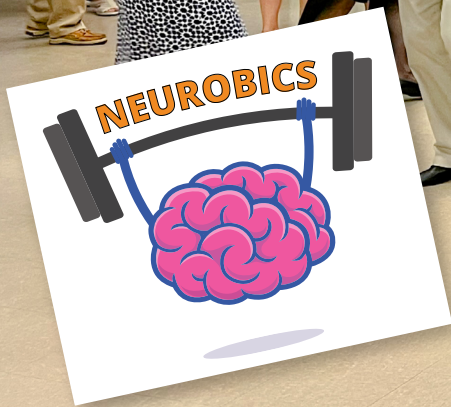


THE PRINT



August Feature: Farewell FAB Summer

July was full of summer fun! This July we brought back Social Dances and had a fantastic turnout. We found out a lot of our members have fancy footwork! We look forward to hosting another ballroom dance lesson with DJ Ross on Friday August 5th! Be sure to purchase your ticket prior to the event. There was a lot of laughter to be heard in the halls this month coming from the new Hand & Foot Canasta group and BUNCO group. The Summer Art Series group got serious experimenting with wood burning tools and we look forward to seeing how August's projects turn out too! This July Great Getaway Day trips began again, and we witnessed the Giants make an exciting comeback over the Arizona Diamondbacks to give us a win! There are a few seats left for the Aquarium trip taking off on August 16th. Information about Fall trips is now available - check out the back cover! THANK YOU to all the members who joined us for the Annual LGS Recreation 55 Plus Summer Picnic on the Civic Center Lawn! We appreciate our members and are thrilled to gather to share good food, good music, and good conversation on a beautiful summer day! Shout out Stephanie and Tammy who spent countless hours preparing for the event, and to the Lions and Boys Team Charities who volunteered to lend helping hands as well! Have a great August and be sure to pick up your Neurobics Challenge puzzle pack!

Sincerely, Lisanne Kennedy (Recreation Coordinator)



Monday – Friday
Office Hours: 9:00AM – 12:00PM
208 E. Main Street, Los Gatos, CA 95030

408.354.1514
55plus@lgsrecreation.org
www.LGSRecreation.org

August

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Summer Art Series (Hall) *RSVP 10:00AM-12:00PM Democracy Tent (Rm 214) 10:30AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM NEW Family Feud (Lounge) 12:30PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Art & Music Appreciation (Lounge) 12:00PM-2:10PM Stay Fit (Hall) 1:00PM-2:00PM	Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Water Workout (LGHS Pool) *LAST SESSION 12:30PM-1:30PM 55 Plus Social Dance (Hall) \$5 Members/\$10 Public 6:00PM-8:00PM
8	9	10	11	12
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Summer Art Series (Hall) *RSVP 10:00AM-12:00PM Democracy Tent (Rm 214) 10:30AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	HICAP by Appt. (Rm 3) 9:00AM-12:30PM Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM Jeopardy (Lounge) 12:30PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Women's Art Connection (Rm 3) 10:00AM-12:00PM Art & Music Appreciation (Lounge) 12:00PM-2:10PM Single Again (Rm 3) 12:30PM-2:30PM Stay Fit (Hall) 1:00PM-2:00PM Reader's Theatre (Lounge) 3:00PM-5:00PM	Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Special Event: Historic Los Gatos: Virtual Walking Tour (Lounge) 1:00PM-2:30PM
15	16	17	18	19
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Stay Fit (Hall) 1:00PM-2:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:00PM Armchair Travel: Canada's Yukon (Lounge) 12:30PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Art & Music Appreciation (Lounge) 12:00PM-2:10PM Stay Fit (Hall) 1:00PM-2:00PM	Town Covid Testing by Appt. 9:30AM-3:00PM NEW Bunco (Rm 5) *Sign Up Required 10:00AM-12:00PM Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Paint a Mural Piece (Hall) 10:30AM-12:00PM
22	23	24	25	26
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM NEW Prize BINGO (Hall) 12:30PM-2:30PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Rm 5) 10:00AM-12:30PM Jeopardy (Lounge) 12:30PM-1:30PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Art & Music Appreciation (Lounge) 12:00PM-2:10PM Stay Fit (Hall) 1:00PM-2:00PM Chess Club (Rm 3) 3:00PM-4:30PM	Pinochle & Other Games (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM Tech with Teens (Hall) 3:00PM-4:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Needle Craft (Lounge) 9:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Name That Tune & Trivia with Dean (Hall) 2:00PM-3:30PM
29	30	31	<h2 style="text-align: center;">NEUROBICS CHALLENGE!</h2> <p style="text-align: center;">Pick up your puzzle pack at the Adult Rec. Center</p>	
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Democracy Tent (Rm 214) 10:30AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM Sundae Bar & Indoor Lawn Games (Hall) 2:00PM-3:30PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Hall) 10:00AM-12:30PM Book Club (Rm 3) 12:00PM-1:30PM NEW Who, What, Where? (Lounge) 1:30PM-2:30PM	Game Day (Hall) 9:00AM-12:00PM Ping Pong (Rm 5) 10:00AM-12:00PM Art & Music Appreciation (Lounge) 12:00PM-2:10PM Stay Fit (Hall) 1:00PM-2:00PM		

Group Descriptions

- **55 Plus Water Workout**- 7-week summer program - Join instructor Kiana at LGHS pool! Come enjoy this fun class and feel the benefits of water aerobics! *Sign up required – class is now fully booked!*
- **Art and Music Appreciation** – Interactive class exploring and discussing influential artists and musicians followed by the West Valley College Instructor playing guitar and leading the group singing well-known songs. Participants are welcome to bring their own instruments in! *Sign up with the 55 Plus office required.*
- **Armchair Traveler** - Each month we discuss and virtually travel to a new far-off destination.
- **Artist Workshop** - Open workspace. Bring in your materials and work on your individual projects with our welcoming community of artists. No formal instruction and all levels are welcome.
- **Book Club** - Meets on the 4th Tuesday of each month. August Book: *The Break Down* by B.A. Paris (328 pages)
- **NEW Bingo** – Get out your dauber and get ready to have some fun! Join us monthly for prize BINGO.
- **NEW Bunco** – May the dice be in your favor in this social, luck-based game. Sign up with the 55 Plus Office Required so tables can be arranged. 12 players (or more) needed!
- **Chess Club & Learn to Play Chess** - Welcome to beginners who would like to learn the basics of chess and more experienced players looking for a match! Led by our knowledgeable instructor Gavin.
- **Current Events** - Lively and informative discussions regarding local, state, national and world current events. Attendees are encouraged to bring topics that are important to them to discuss.
- **Democracy in Peril** -Take some. Leave some. Share some of what you take. That is capitalism. What say you???
- **Democracy Tent** - Nonpartisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators provide topics for discussion but are open to suggestions. Zoom access bit.ly/32MyTmx or meet in person.
- **Family Feud** – Guess the most popular responses to survey questions in this just for fun group!
- **NEW Hand and Foot Canasta** – Calling all Canasta players! See the 55 Plus office for a list of rules and a description of play.
- **Indoor Lawn Games Social** - Join us for cornhole, ladder golf, ping pong, and shuffleboard!
- **Jeopardy** - Put your thinking cap on and test your general knowledge on ever rotating topics. Come out to join our discussion and learn something new!
- **Mah Jongg** – Friendly American Mah Jongg players group. All levels are welcome. If you are interested in learning to play, please sign up with the 55 Plus office.
- **SPECIAL EVENT** Name That Tune – featuring piano music from the 20's through the 70's from Dean Tomich. Prizes will be awarded and mocktails will be served!
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Prime Timers' Support Group:** Warm and welcoming open forum social support group.
- **Reader's Theater** – Read aloud modern and classic plays without having to memorize the lines! Sign up with the 55 Plus office required.
- **Single Again... But Not By Choice** – For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Stay Fit** – Join Mary Ann Smith, a certified personal trainer, from West Valley College for this chair-based exercise class. Sign up with the 55 Plus office required.
- **St. Mary's Bridge** – Looking for intermediate level bridge players interested in subbing. Sign up required, inquire with 55 Plus office.
- **Tech with Teens** - Bring your devices and questions on the 3rd Thursday of each month. Our knowledgeable high school volunteers are available to assist you with tech support. Stay for a cup of tea and cookies. *Our staff will be filling in for our teens this summer!
- **Summer Art Series** – Join for a fun and creative project. Come explore different mediums. Materials will be provided. Please RSVP.
- **Town of Los Gatos-COVID-19 Testing** – Appointment required bit.ly/3qQ68ND
- **Tuesday Town Walkers** - Get Moving! Walk to local areas at your own pace, socialize and explore Los Gatos.
- **Wednesday Game Day - Bridge, Scrabble and Canasta.** Come join our friendly group. To reserve your spot, please contact Lynnette 650.747.0605 or lahondalynnette@earthlink.net.
- **NEW Who, What, Where?** - Social discussion group. From famous people, interesting places, to random objects. 25 clues will be presented one by one to bring you closer to guessing Who, What or Where! Followed by a more in-depth discussion.
- **Women's Artist Connection** – Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)

55 PLUS FAB SUMMER

Special Events

Summer Social Dances & Photos

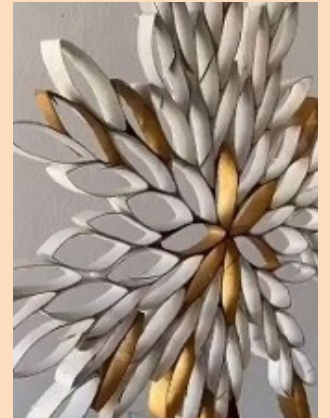
PURCHASE YOUR TICKET NOW AT THE FRONT DESK OR bit.ly/3cvgyyU



Summer Art Series with Steph All Materials Provided - Please RSVP*

**Monday August 1st
10:00AM-12:00PM**

For this week's project we will be doing a bit of upcycling! We will be turning simple cardboard into gorgeous 3D wall art. Paint it, glue it, and hang it up for all to see.



**Monday August 8th
10:00AM-12:00PM**

Time to pull out those small keepsakes you have kept around for this week's project "Resin Bookmarks." Pressed flowers, flat charms, stamps or small pictures and images... all of these can be encapsulated in resin to enjoy for many years to come!



Summer Social Dances

Friday August 5th 6pm-8pm

**Live Music
30 Minute Ballroom Dance Instruction
1.5 Hour Social Dance
Light Refreshments will be Provided**

Purchase Tickets Online:

bit.ly/3cvgyyU

\$5 for 55 Plus Members

\$10 for Non-Members

**Purchase Your
Tickets Now!**



Please note this event is intended for adults aged fifty-five and above. This is an alcohol free event. Alcohol will not be sold or permitted to be brought into the venue.

55 Plus Featured Programs

Name That Tune – Friday August 26th @ 2:00PM-3:30PM

Live piano music from the 20s through the 70s.

Prizes will be awarded and mocktails will be served,

1. Lesley Gore had other hit songs like “You Don’t Own Me,” but none were as big as this song.
2. “The Teen Queen” was only 16 when she recorded this tune.
3. It was based on freelance songwriter Seymour Gottlieb’s daughter Judy, who cried when she didn’t get her way planning her sweet 16 party.
4. The lyrics tell the tale of a young girl who is hurt when her boyfriend appears to have left her for another girl during her birthday celebration.
5. According to the song, if a gathering is held in your honor, you should be able to get upset during the festivities



Historic Los Gatos: A Virtual Walking Tour – 3 Part Series - 1:00PM-2:30PM

Friday August 12th

Friday September 9th

Friday October 14th



Join us for an entertaining and informative presentation of highlights from the first “Discover LOST Gatos” historical walking tour. “The Heart of Los Gatos” covers some of the fascinating, but mostly forgotten, people, places, and events that have shaped our town over the past 200 years. You’ll see restored vintage photos and hear intriguing stories about Los Gatos’ short-lived Chinatown, the remarkable couple who built “The Cats” estate, the firebrand Methodist minister they called “Buffalo Jones”, and more.

Bunco

Thursday, August 18th @ 10:00AM



COMING IN SEPTEMBER:

Magical Movie Tour



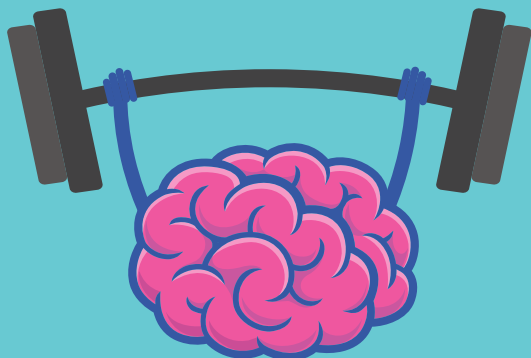
It’s time to begin our Magical Movie Tour! Our first movie is a marvelous example of mystery, deception and sheer desperation. Join Sandy Decker on September 20th from 1:00pm-3:30pm for DOUBLE JEOPARDY, a beautifully directed film with a star-studded cast. Can’t wait to see you at our “first date at the movies”!

Monthly-Quiz & Puzzles

AUGUST NEUROBICS CHALLENGE



Complete a puzzle each day!



Bring your Completed Puzzle Pack to the Adult Recreation Center by August 29th to earn additional raffle entries.

For more information visit www.lgsrecreation.org or call 408.354.1514

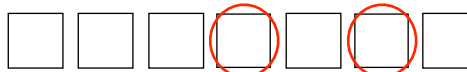
Summer Riddle Jumble

Unscramble each set of letters to form a word. Then transfer the circled letters to the red circles near the bottom of the page. Unscramble those letters to answer the summer riddle.

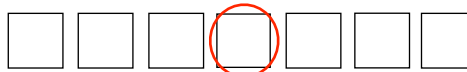
1. D O U R T O O S



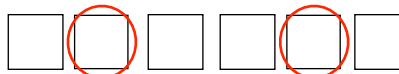
2. S D N A L A S



3. M N G I P A C



4. E U M R S M



What do you call a snowman in August?

A _____

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At the Rodeo

(clues)

ACROSS

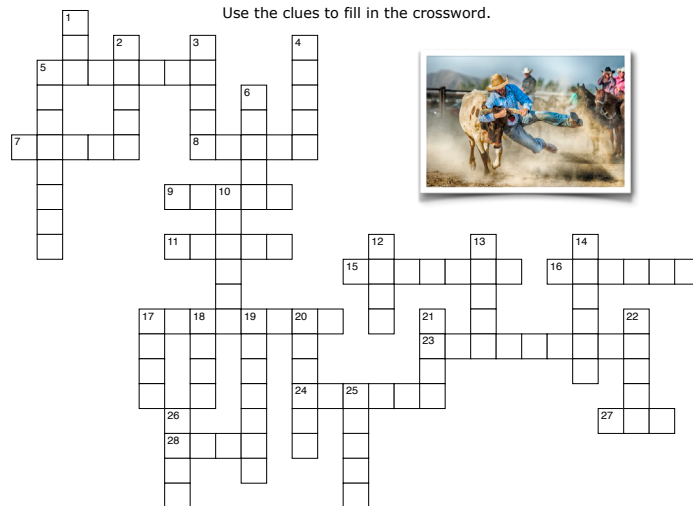
5. Rider's foot support
7. Time keeper
8. Number of points
9. Lariat
11. Rodeo official
15. Rodeo props
16. Horse's fancy moves
17. Without a saddle
23. Person on a mic
24. Ornate part of a belt
27. Barn bundle
28. Harness part

DOWN

1. Head covering
2. Highway hauler
3. Boot attachments
4. Trophy or money
5. Grown-up colt
6. Footwear
10. Riding seat
12. Baby cow
13. Funny performer
14. Unbroken horse
17. Large rodeo beast
18. Strong cord
19. Rearing up of a bronco
20. Wrangler
21. Arena entrance
22. Stadium
25. Pants protectors
26. Easy gait

At the Rodeo

Use the clues to fill in the crossword.



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Special Events/Announcements



Great Getaway - Giants Game



Summer Art Series



Way to go Diane!



Nail and String Art



Summer Social Dance



Summer Lunch Picnic



Summer Lunch Picnic

Events Around Town

Jazz on the Plazz

Every Wednesday through August 17th
6:30PM-8:30PM

Music in the Park

Every Sunday through August 21st
5:00PM-7:00PM



55 Plus Programs

Become A 55 Plus Program Member
(\$25 Annual Fee)

55 Plus Program Facilitators and Volunteers
Are you interested in starting a new club or group at the Adult Recreation Center? Are you looking to get involved in our community? Contact 55plus@lgsrecreation.org or call 408.354.1514.

Great Getaway Adult Day Trips

Pick up for all trips from the
Los Gatos Adult Recreation Center
208 E Main St, Los Gatos, CA 95030
Joan Pisani Community Center 19655
Allendale Ave, Saratoga, CA 95070

Registration for Fall Trips NOW OPEN

55 Plus Members receive \$10 off all Great Getaway trips!

To register call 408.354.1514 or bit.ly/3NN57Qw

- **August 16th - Monterey Bay Aquarium & Lunch in Carmel** - This trip includes entry to the Aquarium, transportation, and a lovely lunch in Carmel at Earthbound Farm Stand. Member Price: \$170, Non-Member Price: \$180 *PICK UP FROM LOS GATOS ONLY!
- **September 16th - Horse Racing at Golden Gate Fields** - Giddy Up! We are off to the races for an exciting afternoon of Live Horse Racing. Your ticket includes a race program, meal ticket, and \$10 voucher to test your luck. Derby fashion is encouraged! Member Price: \$90
- **October 21st - Blackhawk Museum & Tenuta Winery** - "Many Worlds. One Museum" with 5 unique galleries and collections. Then Venture into Livermore Wine County to Tenuta Vineyards. We look forward to friendly service during our lunch, tasting, and tour! Your ticket includes transportation, entry to the museum, lunch, tasting, and winery tour. Member Price: \$170
- **November 7th - USS Hornet Ship Museum** - Sea, air, and space museum ship on the southernmost pier of the former Naval Air Station Alameda. Your ticket includes transportation, entry to the museum, a docent, and box lunch. Member Price: \$90

Free or Low Cost Services

Our staff are available to assist you with registering for trips or other fee-based classes, scheduling appointments with service providers, and providing basic referrals to services.

- **AARP Income Tax Aide** - Closed for the season.
- **AARP Driver Safety** - Refresher course September 13th 12:00PM-4:30PM. Call 408.354.1514 or visit the 55 Plus Office.
- **Brown Bag Program (Second Harvest)** - Call 1.800.984.3663 for application.
- **Health Insurance Counseling & Advocacy Program (HICAP)** - Meet in person with our knowledgeable representative. Call or visit the 55 Plus Office 408.354.1514.
- **Live Oak Nutrition** - Meal service at Los Gatos Methodist Church. Call 408.354.0707.
- **Need help with transportation?** - Check out the VTAs comprehensive list in the Senior Mobility Guide bit.ly/3NEH06k
- **Reach Your Destination Easily (R.Y.D.E.)** - Transportation for adults 65 Plus. Visit www.wvcommunityservices.org/ryde to learn more or call 408.892.9739.
- **Santa Clara County List of Resources for Older Adults** - bit.ly/3num6fb.
- **Senior Adults Legal Assistance (SALA)** - Virtual/phone appointments available. 408.295.5991.
- **1:1 Support Session with Janeen (GCM)** - Private session is available by appointment through the 55 Plus Office.

Wanted

Bunco Players! Please contact the 55 Plus office to join us on the third Thursday
55plus@lgsrecreation.org or call 408.354.1514



*"Building a healthy community
through enrichment, innovation and
fun!"*