

THE PRINT



Thank you
Los Gatos Meats
and Lions for
your help with
Thanksgiving
Lunch 2022

December Feature

We are grateful for you, our 55 Plus Members! It was a joy to have so many of you join us for a Thanksgiving feast last month. In November, we were also grateful for our Veterans! We hosted our first Veterans Day Ceremony and hope to make this an annual tradition. We also started a Mexican Train Dominoes players group and went on a Great Getaway trip to the USS Hornet. Information for 2023 day trips is available on the back cover.

HO HO HA-Happy Holidays Members! This December we look forward to several holiday themed events to fill you with good cheer and send you into the New Year feeling joyous. Monday December 12th we invite you to don your favorite holiday sweater or green and red and join us for our "Christmas Morning" Social. We are oh so excited for this event that we feel like kids again. We can't wait to bring the holiday magic here!

Save the date for January sixth to celebrate the New Year in style. We are teaming up with the Social Services Committee to host a First Friday Formal Ball with live music from Island Wave! Please RSVP for December events here and take a moment share your favorite moment from 2022 and what you would like to see in 2023: forms.office.com/r/BQ5VteecXN

Sincerely, Lisanne Kennedy (Recreation Coordinator)



Monday – Friday
Office Hours: 9:00AM – 2:00PM
208 E. Main Street, Los Gatos, CA 95030

408.354.1514
55plus@lgsrecreation.org
www.LGSRecreation.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">You're Invited! December 12, 10AM-12PM "Christmas Morning" Social for 55 Plus Members Celebrate the Magic of the Holidays with Us Hosted at the Youth Recreation Center (just across the street) 123 E. Main St.</p>			1	2
			<p>ARC Closed for Construction November 18th- December 2nd</p>	

5	6	7	8	9
<p>Hands On Art Workshop: Pour Ornaments (Materials Provided) *RSVP 10:00am-12:00pm</p> <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM</p> <p>Democracy Tent (Rm 3) 10:30AM-12:00PM</p> <p>Stay Fit (Hall) 1:00PM-2:00PM</p> <p>Our Democracy in Peril (Rm 3) 1:30PM-3:00PM</p> <p>Balance Awareness (Hall) 2:00PM-3:00PM</p> <p>Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM</p>	<p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM</p> <p>Mah Jongg (Hall) 10:00AM-12:30PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p>	<p>Game Day (Hall) 9:00AM-12:00PM</p> <p>Ping Pong (Rm 5) 10:00AM-12:00PM</p> <p>Women's Art Connection (Rm 3) 10:00AM-12:00PM</p> <p>Art & Music Appreciation (Lounge) 12:00PM-1:15PM</p> <p>Single Again (Rm 3) 12:30PM-2:30PM</p> <p>Stay Fit (Large Hall) 1:30PM-2:30PM</p> <p>Reader's Theatre (Lounge) 3:00pm-5:00pm</p>	<p>Mexican Train (Hall) 10:00AM-12:00PM</p> <p>Birthday Card Crew (Rm 2) 1:00PM-3:00PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p> <p>Current Event Group (Lounge) 1:30PM-3:00PM</p>	<p>Needle Craft (Lounge) 9:00AM-11:30AM</p> <p>Artist Workshop (Hall) 9:00AM-12:00PM</p> <p>NEW Coffee Corner (Lounge) 10:00AM-11:30AM</p> <p>Ping Pong (Rm 5) 10:00AM-12:00PM</p> <p>Stay Fit (Hall) 1:00PM-2:00PM</p> <p>Balance Awareness (Hall) 2:00PM-3:00PM</p>
12	13	14	15	16
<p>Christmas Morning Social (Youth Rec Center) *RSVP 10:00AM-12:00PM</p> <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM</p> <p>Democracy Tent (Rm 3) 10:30AM-12:00PM</p> <p>Stay Fit (Hall) 1:00PM-2:00PM</p> <p>Our Democracy in Peril (Rm 3) 1:30PM-3:00PM</p> <p>Balance Awareness (Hall) 2:00PM-3:00PM</p> <p>Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM</p>	<p>HICAP by Appt (Rm 3) 9:00AM-12:30PM</p> <p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM</p> <p>Mah Jongg (Hall) 10:00AM-12:30PM</p> <p>Jeopardy (Lounge) 11:00AM-12:30PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p>	<p>Game Day (Hall) 9:00AM-12:00PM</p> <p>Ping Pong (Rm 5) 10:00AM-12:00PM</p> <p>Christmas Carols and Coco (Hall) *RSVP 12:15PM-1:30PM</p> <p>Stay Fit (Large Hall) 1:30PM-2:30PM</p> <p>HOLIDAY NEUROBICS PACKET PICKUP</p>	<p>Mexican Train (Hall) 10:00AM-12:00PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p> <p>Current Event Group (Lounge) 1:30PM-3:00PM</p> <p>Tech with Teens (Rm 3) 3:00PM-4:00PM</p>	<p>Needle Craft (Lounge) 9:00AM-11:30AM</p> <p>Artist Workshop (Hall) 9:00AM-12:00PM</p> <p>NEW Coffee Corner (Lounge) 10:00AM-11:30AM</p> <p>Ping Pong (Rm 5) 10:00AM-12:00PM</p> <p>Stay Fit (Hall) 1:00PM-2:00PM</p> <p>Balance Awareness (Hall) 2:00PM-3:00PM</p>
19	20	21	22	23
<p>Hands on Art Workshop (Hall) *RSVP 10:00AM-12:00PM</p> <p>St. Mary's Bridge (Rm 5) 10:00AM-1:30PM</p> <p>Democracy Tent (Rm 3) 10:30AM-12:00PM</p> <p>Our Democracy in Peril (Rm 3) 1:30PM-3:00PM</p> <p>Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM</p>	<p>Tuesday Town Walk (Lounge) 9:15AM-11:00AM</p> <p>Mah Jongg (Hall) 10:00AM-12:30PM</p> <p>NEW Magical Movie Tour: Holiday Special (Lounge) 1:00PM-3:00PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p>	<p>Game Day (Hall) 9:00AM-12:00PM</p> <p>Ping Pong (Rm 5) 10:00AM-12:00PM</p>	<p>Mexican Train (Hall) 10:00AM-12:00PM</p> <p>Pinochle (Rm 5) 1:00PM-4:30PM</p> <p>Current Event Group (Lounge) 1:30PM-3:00PM</p> <p>BINGO Holiday Edition (Hall) 1:00pm-2:30pm</p>	<p>The LGS Recreation offices are closed from December 23 and will reopen on January 9. Select 55 Plus programs will resume beginning January 4, more details to come.</p>
26	27	28	29	30

<p style="font-size: 2em; font-family: cursive;">Happy Holidays Members</p> <p>Please RSVP for "Christmas Morning" Social - https://forms.office.com/r/BQ5VteecXN</p>	<p>Save The Date Friday January 6th First Friday Formal Ball Celebrating the New Year Live music by Island Wave</p>	<p>Zumba Gold Back in January \$50/ 10 Classes \$5 Drop In January 12 - March 23 Registration opens 12/2</p>
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- **55 Plus ZUMBA Gold** - Instructor Kiana is back on land to teach this 10-week program. Join this easy-to-follow dance workout perfect for the active older adult. *Pre-registration required \$5/class.*
- **AARP Driver Safety** - 2 Day Course and 1 Day Refresher offered in person bi-monthly. Contact the 55 Plus Office to schedule an appointment.
- **AARP Tax Aide** - In person appointments will be available every Monday in February-April. Contact the 55 Plus Office in January to schedule an appointment.
- **Art and Music Appreciation** - Interactive class exploring and discussing influential artists and musicians followed by the West Valley College Instructor playing guitar and leading the group singing well-known songs. Participants are welcome to bring their own instruments in! *Sign up with the 55 Plus office required.*
- **Armchair Traveler** - Each month we discuss and virtually travel to a new far-off destination.
- **Artist Workshop** - Open workspace. Bring in your materials and work on your individual projects with our welcoming community of artists. No formal instruction and all levels are welcome.
- **Balance Awareness** - Join Mary Ann Smith, a certified personal trainer, from West Valley College for this balance class. *Sign up with the 55 Plus office required.*
- **Book Club** - Meets on the 4th Tuesday of each month. Book club will resume in January 2023!
- **Bingo** - Get out your dauber and get ready to have some fun! Join us monthly for prize BINGO.
- **Bunco** - May the dice be in your favor in this social, luck-based game. Sign up with the 55 Plus Office Required so tables can be arranged. 12 players (or more) needed!
- **Coffee Corner** - Join us Friday mornings in the lounge to chat and enjoy a hot cup of coffee.
- **Current Events** - Lively and informative discussions regarding local, state, national and world current events. Attendees are encouraged to bring topics that are important to them to discuss.
- **Democracy in Peril** - Take some. Leave some. Share some of what you take. That is capitalism. What say you???
- **Democracy Tent** - Nonpartisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators provide topics for discussion but are open to suggestions. Zoom access bit.ly/32MyTmx or meet in person.
- **Hand and Foot Canasta** - Calling all Canasta players! See the 55 Plus office for a list of rules and a description of play.
- **Jeopardy** - Put your thinking cap on and test your general knowledge on ever rotating topics. Come out to join our discussion and learn something new!
- **Magic Movie Tour** - Lights, Camera, Action! Join Sandy Decker each month for a movie, discussion, and fun facts about the world of cinema...and maybe some popcorn!
- **Mah Jongg** - Friendly American Mah Jongg players group. All levels are welcome. If you are interested in learning to play, please sign up with the 55 Plus office.
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Reader's Theater** - Read aloud modern and classic plays without having to memorize the lines! Sign up with the 55 Plus office required.
- **Single Again... But Not By Choice** - For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Social Committee Meeting** - Volunteer opportunity. Help shape what programs, activities and socials are available through the 55 Plus program. Help plan and decorate for upcoming social events.
- **Stay Fit** - Join Mary Ann Smith, a certified personal trainer, from West Valley College for this chair-based exercise class. *Sign up with the 55 Plus office required.*
- **St. Mary's Bridge** - Looking for intermediate level bridge players interested in subbing. *Sign up required, inquire with 55 Plus office.*
- **Tech with Teens** - Bring your devices and questions on the 3rd Thursday of each month. Our knowledgeable high school volunteers are available to assist you with tech support.
- **Town of Los Gatos-COVID-19 Testing** - Appointment required bit.ly/3qQ68ND
- **Tuesday Town Walkers** - Get Moving! Walk to local areas at your own pace, socialize and explore Los Gatos.
- **Wednesday Game Day** - Bridge, Scrabble and Canasta. Come join our friendly group. To reserve your spot, please contact Lynnette 650.747.0605 or lahondalynnette@earthlink.net.
- **Women's Artist Connection** - Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)

Live Oak Nutrition -

Daily meal program at
Los Gatos Methodist Church. Call 408.354.0707.



Veterans Day Ceremony

Thank you to the Los Gatos Veterans Memorial and Support Foundation, especially John Lochner and Mark Buxton, for their help in planning and hosting a ceremony in honor of Veterans Day on 11/11 at the Adult Rec Center. It was an honor to be amongst so many Veterans and learn more about our 55 Plus members who served. Thank you to special guests Mayor Rob Rennie, Vice Mayor Maria Ristow, SCCFD Representatives, LG Librarian Breanna, and especially our attending Veterans! Library Resources for Veterans: <http://bit.ly/3tDUszD>. For more information on the Memorial or Donating a Paver in Honor visit: <http://bit.ly/3VclYjw>



Thanksgiving Luncheon

150 incredibly tasty meals were served at this year's Thanksgiving Lunch in the large hall on Monday 11/14. Shout out to Los Gatos Meats for the delicious spread and to the Los Gatos Lions for volunteering to help serve. Congratulations to Jim Reid and Marie Catalano for winning our "Turkey Shoot". Thank you for generously bringing in canned food items and socks, these items were donated to St. Lukes in Los Gatos. We are so grateful for you members!

Member: "Christmas Morning"

Monday December 12th
10:00AM-12:00PM

Piano Songs with Sue
Holiday Photos with Mrs. Claus
Golden State Trains
Wood Burn a Custom Ornament
Fun and Games like "Pass the Present"
Spread of Christmas Goodies
Good Tidings and Cheer

Wear your favorite holiday outfit or dress in red and green.

We are so excited to spread good cheer and share the magic of the holidays with members!

Please RSVP <https://forms.office.com/r/BQ5VteecXN>

Location: Youth Recreation Center-

123 East Main Street. Across the street from the Adult Rec Center

Christmas Carols, Cookies and Coco Wednesday December 14th @ 12:15PM ARC - Large Hall

Talented members of our Art and Music Appreciation group will be leading a guitar and holiday sing-a-long in the Large Hall. Come to enjoy the music and the goodies!



More Holiday Programs in December:

Hands on Art Workshop -

Monday 12/5 & 12/19 @ 10:00AM

Holiday Movie Special with Sandy Decker -

Tuesday 12/20 @ 1:00PM

Holiday BINGO -

Thursday 12/22 @ 1:00PM

Please RSVP for December events here and take a moment share your favorite moment from 2022 and what you would like to see in 2023:

forms.office.com/r/BQ5VteecXN



November Neurobics Puzzles are available for Pick Up at the Youth Recreation Center during the closure.



Time Word Blocks

Combine blocks of letters to create words that are related to time. Each block is used only once, and some words use more than two blocks.

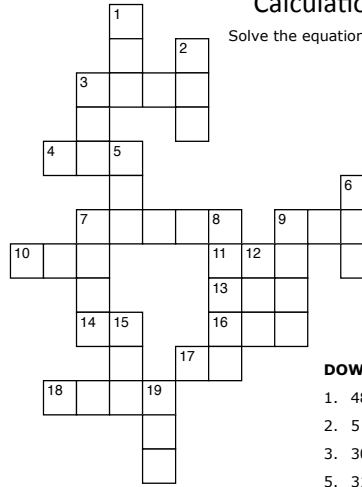
For example: mo + ment = moment

- | | | | | | |
|------|------|-----|-------|------|-----|
| ance | cur | asi | æø | per | ond |
| ep | ner | re | er | jif | fu |
| occ | sure | dur | ation | al | int |
| fy | son | mul | inc | si | at |
| iod | val | sec | eous | ent | tan |
| ion | ment | mea | sea | inst | och |
| id | tu | ge | rence | oc | on |

- | | | | |
|----------|----------|-----------|-----------|
| 1. _____ | 5. _____ | 9. _____ | 13. _____ |
| 2. _____ | 6. _____ | 10. _____ | 14. _____ |
| 3. _____ | 7. _____ | 11. _____ | 15. _____ |
| 4. _____ | 8. _____ | 12. _____ | 16. _____ |

Calculation Crisscross

Solve the equations and fill in the puzzle.



- ACROSS**
- 1600 + 5000 + 432 =
 - 74 + 21 + 8 =
 - 29000 + 1000 + 777 =
 - 30 X 8 =
 - 144 + (658 - 221) =
 - 95 X 2 =
 - 333 + 407 =
 - (10 X 9) - 59 =
 - 20% of 500 =
 - (789521 X 0) + 27 =
 - 12845 - 4844 =

- DOWN**
- 480 X 2 =
 - 5 X 5 X 5 =
 - 302 + (88 ÷ 11) + 400 =
 - 315 + 19 + 11 + 5 =
 - 202.5 + 202.5 =
 - 4613 - 1510 =
- DOWN**
- 71717 X 1 =
 - 400 + 600 + 300 + 700 =
 - 1200 - 260 =
 - 775 - 595 =
 - 156 - 32 =

Christmas Song Picture Wordies

Each of the word puzzles below is a visual representation of a famous Christmas song. Can you decipher them?



1. _____



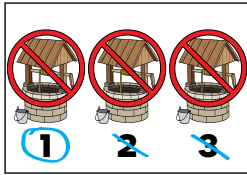
2. _____



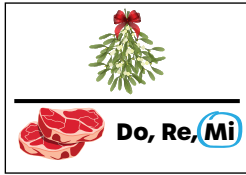
3. _____



4. _____



5. _____



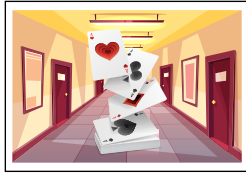
6. _____



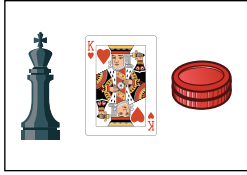
7. _____



8. _____



9. _____



10. _____



11. _____



12. _____

Santa's Secret Quote

Follow the instructions to cross off words in the table. What do the remaining words say?

- Cross off all words that are associated with cold weather.
- Cross off all words that start with Z.
- Cross off all words that are Santa's reindeer.
- Cross off all words that are birds.
- Cross off all words that rhyme with *tree*.



happy	Dasher	freeze	zoo
penguin	Christmas	flea	cardinal
to	slush	zebra	bee
pea	all	Dancer	Prancer
icicle	and	to	finch
Vixen	zap	snowflake	sea
owl	Comet	all	three
frost	plea	a	good
zinc	Cupid	heron	zero
tea	sleet	Rudolph	night



**Mexican Train Dominoes
Players Group**



Thanksgiving Donation Drive



Thanksgiving "Turkey Shoot"

December Community Events

Girls Night Out

More info - bit.ly/3Oyq5UZ
Where - Downtown Los Gatos
When - 12/1 @ 5:00PM-7:30PM

First Fridays @ The Palms

More info - \$15 at the door. Brought to you by the Senior Services Committee
Where - The Palms Restaurant
When - 12/2 @ 4:00PM-5:30PM

Tree Lighting

Where - Los Gatos Town Plaza
When - 12/2 @ 6:00PM

Los Gatos Annual Parade

Where - Downtown Los Gatos
When - 12/3 @ 11:00AM

Breakfast with Santa

Looking to celebrate the holidays with your Grandchild? Ask LGS Rec Front office staff how to sign up for this fun event.

Where - Youth Recreation Center
When - 12/10 & 12/11 @ 12:00PM-3:00PM

Library Online Author Talk with Pulitzer Prize winning historian Nicole Eustace

More info - bit.ly/3EjVBRG
When - 12/14

Library Poetry Exchange on Zoom

More info - Email lcmedley016@gmail.com
Where - Zoom
When - 12/18 @ 1:00PM

Sourcwise - Become a Community Advocate for Older Adults

The Advisory Council for Sourcwise has openings for new members. Sourcwise is the area agency on aging for Santa Clara County. It supports older adults, caregivers, and individuals with disabilities through programs like meals on wheels, legal services, and Alzheimer's adult day care. Advisory Council members represent the cities, supervisor districts, and diverse ethnic communities of Santa Clara County. To learn about openings and serving on the Sourcwise Advisory Council, contact Shirley Loffer (shirleyloffer@aol.com) or Tom Picraux (stpicaux@gmail.com).



55 Plus Programs

Become A 55 Plus Program Member

New to 55 Plus? Become a 55 Plus Member now for benefits through 2023.

\$30 Annual Fee

Current 55 Plus Members – Renew Membership in November or December and keep the \$25 rate. See our front office staff for assistance.

Great Getaway Adult Day Trips

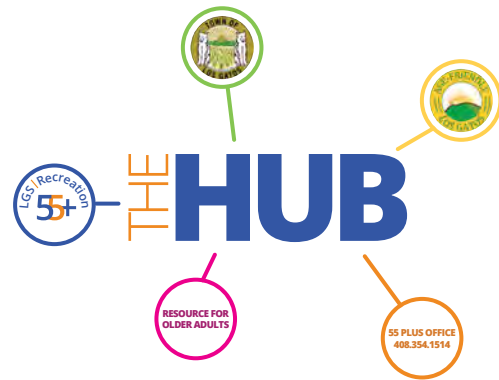
Pick up for all trips from the

Los Gatos Adult Recreation Center
208 E Main St, Los Gatos, CA 95030

Joan Pisani Community Center
19655 Allendale Ave, Saratoga, CA 95070

55 Plus Members receive \$10 off all Great Getaway trips!
To register call 408.354.1514 or bit.ly/3NN57Qw

- January 12th – Ramses at de Young & Dinner in the City** - Take a trip back in time to visit “Ramses the Great and the Gold of the Pharaoh’s” exhibit. Walk among towering statues, view 181 priceless ancient Egyptian treasures, and learn more about Ramses 67-year rule from a knowledgeable docent. From Egypt, we travel to Morocco! At El Mansour, one of the most fun restaurants in San Francisco enjoy a 5-course dinner and watch traditional Belly Dancing.
- March 4th – Sea Dubs at Chase Center** - Visit the newly built state-of-the-art sports and entertainment arena in San Francisco. We will arrive as soon as the doors open so that you have an hour to take a self-guided tour of the arena and for a chance to be one of the first 10,000 fans to receive a Captain Klay bobblehead. Cheer on the “Sea Dubs” NBA G League team as they face the Cleveland Charge.
- March 8th – SIX at the Theatre & Lunch by the Sea** - Attention theatre enthusiasts, SIX has won 23 awards, including a Tony award, in the 2021/22 Broadway Season. The SIX wives of Henry VIII take the microphone at the Orpheum Theatre in San Francisco to remix five hundred years of historical heartbreak into Euphoric Celebration of 21st century girl power. Join us to see why this musical has everyone “losing their head”. After the show we will travel to the sea. Keeping to the theme, we will enjoy authentic English fish and chips at a British style pub in Pacifica.



INFORMATION & RESOURCES FOR THE OLDER ADULT

LGS Recreation has provided this resource page to help connect older adults to services and information.

- 55 Plus Office - Available Services
- Alzheimer's & Dementia
- Assistive Technology
- Caregiver Support
- Funeral Arrangements
- Housing
- Legal
- LGBTQ+
- Meals & Nutrition
- Mental Health
- State/Federal Resources & Local Health Organizations
- Transportation, Mobile Car Care and Driver Safety



Visit the 55+ Office in Person for more information on programs and services for seniors!
Adult Recreation Center
123 East Main Street, Los Gatos, 95030
55plus@lgsrecreation.org

LGS Recreation does not endorse, guarantee, represent, or warrant any of the agencies or information provided by a third party.

www.lgsrecreation.org/55-plus/hub **408.354.1514**

55 Plus Program Interest

Let the 55 Plus Office know if you would be interested in a Quilting group or playing GO.

Contact 55plus@lgsrecreation.org or call 408.354.1514.



“Building a healthy community through enrichment, innovation and fun!”