

# REPORT



## April Feature

Here's hoping March showers bring APRIL flowers! In between storms there was a lot of fun happening in March from BINGO to line dancing to cement mosaic garden stones! Get ready to celebrate Earth Day this April. Our Hands on Art Workshop will be creating living terrariums that you can take home to enjoy. All materials are provided free of charge to members, but please RSVP with the 55 Plus Office so that we can purchase the correct supplies. Our Earth Day themed guest speakers are the Santa Clara County Green Team and Plant Based Advocates! Fraud Prevention has also been a frequently requested topic and the FBI will be presenting important warning signs and how to avoid the most current scams. That's right, this April, we are bringing members not one, not two, but three guest speakers! For our April Social Dance, we'll start to heat things up for summer with instructor Agnes who will be teaching us Salsa. By popular demand, we have added a spring Tuesday ZUMBA Gold class with instructor Kiana. ZUMBA Gold is exclusive to 55 Plus Members and you can drop in to try a class for just \$5. Be sure to mark your calendars for upcoming events: May 11 - Resource Fair, May 15- Mother's Day High Tea with Live Music from Jazzberry Jam, June 13 - Vasona Boats and BBQ, and the July 26 - Senior Picnic.

Sincerely, Lisanne Kennedy (Recreation Coordinator)



Monday - Friday  
Office Hours: 9:00AM - 2:00PM  
208 E. Main Street, Los Gatos, CA 95030

408.354.1514  
55plus@lgsrecreation.org  
www.LGSRecreation.org

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>AARP Tax Aide *Apt Required (Hall)</b> 9:00AM-11:30AM <b>St. Mary's Bridge (Rm 5)</b> 10:00AM-1:30PM <b>Wood Carving Group (Rm 206)</b> 10:00AM-2:00PM <b>Democracy Tent (Rm 3)</b> 10:30AM-12:00PM <b>Stay Fit (Hall)</b> 1:00PM-2:00PM <b>Our Democracy in Peril (Rm 3)</b> 1:30PM-3:00PM <b>Balance Awareness (Hall)</b> 2:00PM-3:00PM <b>Hand &amp; Foot Canasta (Rm 5)</b> 2:00PM-4:00PM	<b>Tuesday Town Walk (Lounge)</b> 9:15AM-11:00AM <b>Mah Jongg (Hall)</b> 10:00AM-12:30PM <b>Super Scrabble (Rm 3)</b> 10:00AM-12:30PM <b>55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class</b> 11:30AM-12:20PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM	<b>Game Day (Hall) \$5</b> 9:30AM-12:30PM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <b>Art and Music Appreciation (Lounge)</b> 12:00PM-1:15PM	<b>Mexican Train (Rm 3)</b> 10:00AM-12:00PM <b>55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class</b> 11:30AM-12:20PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM <b>Current Event Group (Lounge)</b> 1:30PM-3:00PM <b>Democracy Tent w/ Rob Moore (Rm 214)</b> 7:00PM-9:00PM	<b>Artist Workshop (Hall)</b> 9:00AM-12:00PM <b>Coffee Corner (Lounge)</b> 10:00AM-11:30AM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <p style="text-align: center;"><b>NO Stay Fit or Balance Awareness</b></p> <b>First Friday (The Palms Restaurant) \$15</b> 4:00PM-5:30PM
10	11	12	13	14
<b>AARP Tax Aide *Apt Required (Hall)</b> 9:00AM-11:30AM <b>St. Mary's Bridge (Rm 5)</b> 10:00AM-1:30PM <b>Wood Carving Group (Rm 206)</b> 10:00AM-2:00PM <b>Democracy Tent (Rm 3)</b> 10:30AM-12:00PM <b>Stay Fit (Hall)</b> 1:00PM-2:00PM <b>Our Democracy in Peril (Rm 3)</b> 1:30PM-3:00PM <b>Balance Awareness (Hall)</b> 2:00PM-3:00PM <b>Hand &amp; Foot Canasta (Rm 5)</b> 2:00PM-4:00PM	<b>HICAP by Appt (Rm 3)</b> 9:00AM-12:30PM <b>Tuesday Town Walk (Lounge)</b> 9:15AM-11:00AM <b>Mah Jongg (Hall)</b> 10:00AM-12:30PM <b>Super Scrabble (Rm 3)</b> 10:00AM-12:30PM <b>55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class</b> 11:30AM-12:20PM <b>Guest Speaker: Green Team Talk (Hall)</b> 1:00PM-2:00PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM	<b>Game Day (Hall) \$5</b> 9:30AM-12:30PM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <b>Women's Artist Connection (Rm 3)</b> 10:00AM-12:00PM <b>Art and Music Appreciation (Lounge)</b> 12:00PM-1:15PM <b>Single Again (Rm 3)</b> 12:30PM-2:30PM <b>Reader's Theatre (Lounge)</b> 3:00PM-5:00PM	<b>Great Getaway - Oakland Zoo Day Trip</b> 8:45AM-4:00PM <b>Mexican Train (Rm 3)</b> 10:00AM-12:00PM <b>55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class</b> 11:30AM-12:20PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM <b>Current Event Group (Lounge)</b> 1:30PM-3:00PM	<b>Artist Workshop (Hall)</b> 9:00AM-12:00PM <b>Coffee Corner (Lounge)</b> 10:00AM-11:30AM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <b>Guest Speaker: Plant Based Advocates (Hall)</b> 12:15PM-1:00PM <b>Stay Fit (Hall)</b> 1:00PM-2:00PM <b>Balance Awareness (Hall)</b> 2:00PM-3:00PM <b>Social Dance \$5 - Salsa with Agnes (Hall)</b> 6:00PM-8:00PM
17	18	19	20	21
<b>AARP Tax Aide *Apt Required (Hall)</b> 9:00AM-11:30AM <b>St. Mary's Bridge (Rm 5)</b> 10:00AM-1:30PM <b>Wood Carving Group (Rm 206)</b> 10:00AM-2:00PM <b>Democracy Tent (Rm 3)</b> 10:30AM-12:00PM <b>Stay Fit (Hall)</b> 1:00PM-2:00PM <b>Our Democracy in Peril (Rm 3)</b> 1:30PM-3:00PM <b>Balance Awareness (Hall)</b> 2:00PM-3:00PM <b>Hand &amp; Foot Canasta (Rm 5)</b> 2:00PM-4:00PM	<b>Tuesday Town Walk (Lounge)</b> 9:15AM-11:00AM <b>Mah Jongg (Hall)</b> 10:00AM-12:30PM <b>Super Scrabble (Rm 3)</b> 10:00AM-12:30PM <b>55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class</b> 11:30AM-12:20PM <b>AARP Safe Driver Full Course (Rm 214)</b> 12:00PM-4:00PM <b>Magical Movie Tour (Lounge)</b> 1:00PM-3:00PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM <b>SCCFD Be Ready Be Prepared (Rm 206) *RSVP</b> 3:30PM-4:45PM	<b>Game Day (Hall) \$5</b> 9:30AM-12:30PM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <b>Art and Music Appreciation (Lounge)</b> 12:00PM-1:15PM	<b>Mexican Train (Rm 3)</b> 10:00AM-12:00PM <b>55+ ZUMBA Gold (YRC Rm B)</b> 11:30AM-12:20PM <b>AARP Safe Driver Full Course (Rm 214)</b> 12:00PM-4:00PM <b>Pinochle (Rm 5)</b> 1:00PM-4:30PM <b>Current Event Group (Lounge)</b> 1:30PM-3:00PM <b>Guest Speaker: FBI Fraud Prevention (Hall)</b> 1:30PM-2:30PM <b>Tech with Teens (Rm 3)</b> 3:00PM-4:00PM	<b>Artist Workshop (Hall)</b> 9:00AM-12:00PM <b>Coffee Corner (Lounge)</b> 10:00AM-11:30AM <b>Ping Pong (Rm 5)</b> 10:00AM-12:00PM <b>Stay Fit (Hall)</b> 1:00PM-2:00PM <b>Balance Awareness (Hall)</b> 2:00PM-3:00PM
24	25	26	27	28
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<b>Calendar Legend:</b> <div style="display: flex; flex-direction: column; gap: 5px;"> <div style="background-color: #4a7ebb; color: white; padding: 2px 5px;">Monthly Event</div> <div style="background-color: #70ad47; color: white; padding: 2px 5px;">Guest Speaker</div> <div style="background-color: #8e7cc3; color: white; padding: 2px 5px;">Social Dance</div> <div style="background-color: #a6a6a6; color: white; padding: 2px 5px;">Community Event</div> <div style="background-color: #e67e22; color: white; padding: 2px 5px;">Service Group</div> </div>				

- **55 Plus ZUMBA Gold** - Instructor Kiana is back on land to teach this 10-week program. Join this easy-to-follow dance workout perfect for the active older adult. *Pre-registration required \$5/class.*
- **AARP Driver Safety** - 2 Day Course and 1 Day Refresher offered in person bi-monthly. Contact the 55 Plus Office to schedule an appointment.
- **AARP Tax Aide** - In person appointments will be available every Monday in February-April. Contact the 55 Plus Office in January to schedule an appointment.
- **Art and Music Appreciation** – Interactive class exploring and discussing influential artists and musicians followed by the West Valley College Instructor playing guitar and leading the group singing well-known songs. Participants are welcome to bring their own instruments in! *Sign up with the 55 Plus office required.*
- **Artist Workshop** - Open workspace. Bring in your materials and work on your individual projects with our welcoming community of artists. No formal instruction and all levels are welcome.
- **Balance Awareness** - Join Mary Ann Smith, a certified personal trainer, from West Valley College for this balance class. *Sign up with the 55 Plus office required.*
- **Book Club** - Meets on the 4th Tuesday of each month. Pick up the booklist from the 55+ Office.
- **Bingo** – Get out your dauber and get ready to have some fun! Join us monthly for prize BINGO.
- **Bunco** – May the dice be in your favor in this social, luck-based game. Sign up with the 55 Plus Office Required so tables can be arranged. 12 players (or more) needed!
- **Coffee Corner** – Join us Friday mornings in the lounge to chat and enjoy a hot cup of coffee.
- **Current Events** - Lively and informative discussions regarding local, state, national and world current events. Attendees are encouraged to bring topics that are important to them to discuss.
- **Democracy in Peril** -Take some. Leave some. Share some of what you take. That is capitalism. What say you???
- **Democracy Tent** - Nonpartisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators provide topics for discussion but are open to suggestions. Zoom access [bit.ly/32MyTmx](https://bit.ly/32MyTmx) or meet in person.
- **Guest Speaker** – Check inside the PRINT for more information on this month's guest speaker(s)
- **Hand and Foot Canasta** – Calling all Canasta players! See the 55 Plus office for a list of rules and a description of play.
- **Jeopardy** - Put your thinking cap on and test your general knowledge on ever rotating topics. Come out to join our discussion and learn something new!
- **Magic Movie Tour** - Lights, Camera, Action! Join Sandy Decker each month for a movie, discussion, and fun facts about the world of cinema...and maybe some popcorn!
- **Mah Jongg** – Friendly American Mah Jongg players group. All levels are welcome. If you are interested in learning to play, please sign up with the 55 Plus office.
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Reader's Theater** – Read aloud modern and classic plays without having to memorize the lines! Sign up with the 55 Plus office required.
- **Scrabble** – The ultimate crossword game in which every letter counts! Contact the 55 Plus Office if you are interested in playing [55plus@lgsrecreation.org](mailto:55plus@lgsrecreation.org)
- **Single Again... But Not By Choice** – For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Social Committee Meeting** - Volunteer opportunity. Help shape what programs, activities and socials are available through the 55 Plus program. Help plan and decorate for upcoming social events.
- **Stay Fit** – Join Mary Ann Smith, a certified personal trainer, from West Valley College for this chair-based exercise class. *Sign up with the 55 Plus office required.*
- **St. Mary's Bridge** – Looking for intermediate level bridge players interested in subbing. *Sign up required, inquire with 55 Plus office.*
- **Tech with Teens** - Bring your devices and questions on the 3rd Thursday of each month. Our knowledgeable high school volunteers are available to assist you with tech support.
- **Tuesday Town Walkers** - Get Moving! Walk to local areas at your own pace, socialize and explore Los Gatos.
- **Wednesday Game Day** - Bridge and Canasta. Come join our friendly group. To reserve your spot, please contact Lisanne 408.596.6813 or [55plus@lgsrecreation.org](mailto:55plus@lgsrecreation.org)
- **Women's Artist Connection** – Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)
- **Wood Carving** – Turn plain pieces of wood into objects of art. Open to beginners and experienced carvers alike. Group helps mentor all levels of carvers to improve your skills. Pop in to check out what projects they are working on...)

## Live Oak Nutrition

Daily meal program at  
Los Gatos Methodist Church. Call 408.354.0707.

**APRIL GUEST SPEAKERS****Santa Clara County Green Team**

Tuesday 4/11 @ 1:00PM-2:00PM

In spirit of Earth Day learn how to make the most of your recycling efforts!

**Plant Based Advocates Co-Founder**

Friday 4/14 @ 12:15PM-1:00PM



Mary Mackey is a co-founder of the plant-based advocates of Los Gatos. [www.plant-basedadvocates.com](http://www.plant-basedadvocates.com)

Learn the health and environmental benefits of a whole food plant-based lifestyle. We will identify the problematic impacts of factory farming and what positive actions we can take for a healthier and more sustainable planet.

**FBI – Fraud Prevention**

Thursday 4/20 @ 1:30PM



Join this workshop by FBI representatives as they cover the latest scams, most common financial frauds, warning signs of financial fraud, and what to do if you become a victim. Learn more online [bit.ly/3TLHhJ0](http://bit.ly/3TLHhJ0)

**MAY SAVE THE DATES**

- HUB Launch Resource Fair May 11<sup>th</sup> @ 10:00AM-12:00PM



- Mother's Day High Tea with Entertainment by Jazzberry Jam May 15<sup>th</sup> @ 12:00PM-2:00PM



- CTAP iPhone Training \*RSVP Space is Limited May 16<sup>th</sup> @ 1:00PM-3:00PM
- CTAP Android Training \*RSVP Space is Limited May 23<sup>rd</sup> @ 1:00PM-3:00PM

**THANK YOU TO MARCH GUEST SPEAKER DENTIST JAMES LIN DMD****Dentist James Lin – March Tip**

**Q:** Should I brush before or after breakfast?

**A:** Lots of us enjoy drinking coffee or orange juice with our breakfast. However, many of these morning beverages are acidic and high in sugar. Brushing right after spreads the acid and sugars onto your teeth. This can weaken your teeth enamel faster, cause more sensitive teeth, and increase the chance of cavities.

Brushing before breakfast, and then rinsing your mouth with water after breakfast is the best way to protect your teeth. For those wanting to stick to a post-coffee brushing, please wait at least 30-60 minutes to allow your saliva to neutralize the acidic environment in your mouth.





# SALSA!

**55 Plus Social Dance**  
**Friday April 14th 6-8pm**

**Salsa Instructor Agnes Gregorian will be leading a 30 minute lesson before we open the floor. All levels welcome! Light refreshments will be served.**

**Purchase Tickets Online or With the 55+ Office 408-354-1514**  
**\$5 for 55 Plus Members**  
**\$10 for Non-Members**

SCAN ME



*\*Please note this event is intended for adults aged fifty-five and above. This is an alcohol-free event. Alcohol will not be sold or permitted to be brought into the venue.*

## ZUMBA GOLD \$5/CLASS

### TUESDAY AND THURSDAY CLASSES NOW AVAILABLE

Tuesday April 4<sup>th</sup> – May 9<sup>th</sup> @ 11:30AM-12:20PM  
 6 classes \$30

Thursday April 6<sup>th</sup> – June 8<sup>th</sup> @ 11:30AM-12:20PM  
 9 Classes \$45 \*no class 5/25

Visit the front desk or call the 55 Plus Office  
 408.354.1514 to register.



# EVERY MON & WED SENIOR DAY TICKETS

**\$3 46oz Popcorn**  
**\$3 16oz Soda**  
**\$3 Hot Dog**

# \$5



**AGE 55+  
ALL DAY**

## APRIL HANDS ON ART PROJECT TERRARIUMS

Thursday April 27<sup>th</sup> @ 10:00AM (Hall)  
 Please RSVP with the 55 Plus Office

ALL Materials Provided

Relax and recharge as we get hands-on with nature with terrariums! These self-sustaining mini gardens are low-maintenance and compact enough to fit into any space. Add a touch of whimsy with miniatures you can paint yourself and create a beautiful and unique little world all your own. We can't wait to see you there!



## Come "Rain" or "Shine"

Use the clues to determine words that rhyme with *rain* or *shine*.

1. Public transport \_\_\_\_\_
2. Jet \_\_\_\_\_
3. Bicycle part \_\_\_\_\_
4. Narrow street \_\_\_\_\_
5. Particle of sand \_\_\_\_\_
6. Bathtub feature \_\_\_\_\_
7. Common street name \_\_\_\_\_
8. Prop for Mr. Peanut \_\_\_\_\_
9. A dirty mark on clothes \_\_\_\_\_
10. Pigs \_\_\_\_\_
11. Have a meal \_\_\_\_\_
12. In good shape \_\_\_\_\_
13. Strong string \_\_\_\_\_
14. Wall-climbing plant \_\_\_\_\_
15. Prime-time hour \_\_\_\_\_
16. Beer holder \_\_\_\_\_
17. Whimper \_\_\_\_\_
18. Billboard \_\_\_\_\_



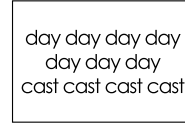
©ActivityConnection.com

## Wacky Wordies

Each of the puzzles below provides a visual representation of a common word or phrase. Can you decipher the clues in each puzzle box?



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



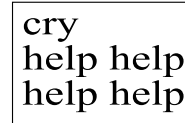
7. \_\_\_\_\_



8. \_\_\_\_\_



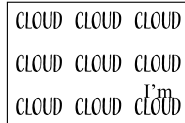
9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_

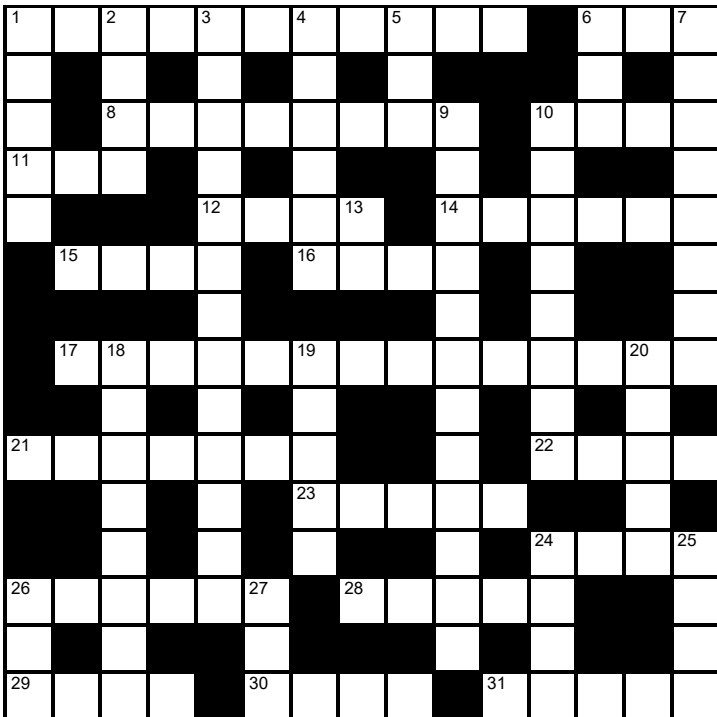


12. \_\_\_\_\_

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## Crossword #16

Use the clues to fill in the crossword.



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## Crossword #16

(clues)

### Across

1. Truncated or shortened word
6. Tavern
8. Affixed or joined
10. Vermin
11. "\_\_\_ so fast!"
12. Contents of a witch's cauldron
14. More rapidly
15. Iridescent gem
16. Medieval laborer
17. Placement in categories
21. Bloodied the water when fishing
22. Tiny particles of dirt
23. Boiling mad
24. Burst of wind
26. Spud
28. Scavenger known for its laugh
29. Ripped, as a piece of paper
30. Wander
31. Looks after

### Down

1. Police might say this to a loiterer: "Move \_\_\_!"
2. "On a Slow \_\_\_ to China"
3. Institution or foundation
4. Foot divisions
5. The next to last word of every story
6. \_\_\_ constrictor
7. Hold back with handcuffs
9. Problems or struggles
10. Became the outcome
13. The beginning of the U.S. Constitution: "\_\_\_ the People..."
18. Snickers, chuckles, and guffaws are examples of this
19. Calcutta's home
20. Haven
24. Checkers, for one
25. Gratuities for waiters
26. Bit of butter
27. Paddle

©ActivityConnection.com



**March 55 Plus  
Social Dance: Country and  
Western Line Dance**



**BINGO Winner**



Don't recycle those egg cartons just yet!  
We need your help stockpiling them in  
preparation for a program that will be  
running through LGS Recreation!

Please save these and bring them in to  
the 55+ office.

**We Need Your Help!**

## April Community Events

### First Fridays

**More info** - \$15 at the door for drink and appetizers. Hosted by Senior Services Committee

**Where** - The Palms, 115 N Santa Cruz Ave.

**When** - 4/7 @ 4:00PM-5:30PM

### LG Poetry Contest Winners Reading

**More info** - Come and hear the winners of the 2023 Los Gatos Poetry Contest hosted and judged by Los Gatos Poet Laureate Jen Siraganian. Local poets will share their award-winning poems with our community.

**Where** - LG Library, Fireplace Room

**When** - 4/17 @ 5:00PM-6:00PM

### Spring Into Green

**Where** - Civic Center Lawn, 208 E Main St.

**When** - 4/23 @ 10:00AM-1:00PM



## The Los Gatos Beautification Committee 2023

Interested in making Los Gatos even more beautiful? Join the Beautification Committee.

- Meet the first Saturday of the month at 8:30am at LG Coffee Roasting for coffee and cleanup.
- Work with Parks & Public Works on possible projects, including park clean ups, downtown & parking lot beautification, and much more.
- Bring your tools, have a cup of coffee and lets go to work!
- Make Los Gatos beautiful!

Questions? Contact Dick Konrad at  
rjkonrad@comcast.net

**The Los Gatos  
Beautification Committee**



# 55 Plus Program

Become A 55 Plus Program Member  
\$30 Annual Fee

Join our community of vibrant older adults! The LGS Recreation 55 Plus program provides comprehensive free or low-cost programs for people age 55 and over. You do not need to be a Los Gatos resident to join. To enjoy a variety of groups, programs, classes, social events, guest lectures, and services. Members receive special discounts for Great Getaway Adult Day Trips, LGS Pickleball League, social dances, and exclusive activities at Vasona Boating and the LGS Aquatics Center.

## Great Getaway Adult Day Trips

Pick up for all trips from the

Los Gatos Adult Recreation Center  
208 E Main St, Los Gatos, CA 95030

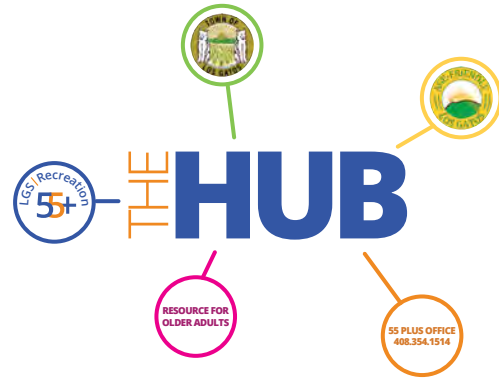
Joan Pisani Community Center  
19655 Allendale Ave, Saratoga, CA 95070

55 Plus Members receive \$10 off all Great Getaway trips!  
Note: Trips are non-refundable.

To register call 408.354.1514 or [bit.ly/3NN57Qw](http://bit.ly/3NN57Qw)

- April 13<sup>th</sup> – Oakland Zoo  
8:30AM - Pick up from 19655 Allendale, Saratoga  
9:00AM - Pick up from 208 E Main Street, Los Gatos
- May 25<sup>th</sup> – SF Symphony Open Rehearsal for Her Story & Dim Sum Lunch - \$120/\$130 Get an interesting perspective on this performance with stops and edits from the conductor before the show goes live. This is the West Coast Premiere of folk/rock/classical mixologist Julia Wolfe's Her Story which pays tribute to the centuries of ongoing struggle for equal rights, representation, and access to democracy for women in America. We will then go to Osmanthus restaurant to find out why Dim Sum is all the rage right now! This will be a pre-selected family style meal allowing you to sample a variety of Dumplings and other delicious bites!
- June 22<sup>nd</sup> - SF Giants VS. SD Padres - \$150/\$160 Let us take you out to the ball game! We will have shady club level seats on the first base side in section 202 so that you can enjoy the game and the views of the bay. Your ticket includes transportation, a game ticket, and a \$12 snack voucher.

MORE TRIPS BEING ADDED SOON



Scan me



## INFORMATION & RESOURCES FOR THE OLDER ADULT

LGS Recreation has provided this resource page to help connect older adults to services and information.

- 55 Plus Office - Available Services
- Alzheimer's & Dementia
- Assistive Technology
- Caregiver Support
- Funeral Arrangements
- Housing
- Legal
- LGBTQ+
- Meals & Nutrition
- Mental Health
- State/Federal Resources & Local Health Organizations
- Transportation, Mobile Car Care and Driver Safety



Visit the 55+ Office in Person for more information on programs and services for seniors!  
Adult Recreation Center  
123 East Main Street, Los Gatos, 95030  
55plus@lgsrecreation.org

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"Building a healthy community through enrichment, innovation and fun!"