

THE PRINT



May Feature

April flew by with lots of activity. Tax season came to an end, Zumba Gold Classes got underway, guest speakers kept us engaged, and Earth Day led to fun art projects and functional BINGO prizes. May is upon us and it is an exciting time to be a member as we heat up for another FAB (fifty-five and above) Summer! This month we are excited to celebrate our 2nd annual Mother's Day High tea on Monday May 15th with a social fit for a queen! Join us for high tea luncheon and live music by Jazzberry Jam. This is a BYOTC (Bring Your Own Teacup) event so dust off one of your favorites and bring it with you! BIG thank you to Kiwanis who is volunteering to support this event. New this year, you can also purchase a ticket for a guest! California Telephone Access Program is visiting in May to offer informative, hands on, 2-hour smartphone training sessions for both iPhone and Android! Members can sign up for a free walking field trip to NUMU for a guided tour of the ArtNow exhibit which showcases inspiring Art from local talented students. Last but certainly not least, we have been working hard behind the scenes to launch our online resource webpage "The HUB". On May 11th we will have over 30 local service providers present for a Senior Resource Fair. Be there for the start time of 10am to enjoy refreshments, listen to introductions from each group, and be entered to win raffle prizes! We hope you will join us to learn more about and get connected to available resources in our community! Please invite a friend as the resource fair is open to the public.

Visit the HUB here: www.lgsrecreation.org/55-plus/hub/



Monday – Friday
Office Hours: 9:00AM – 2:00PM
208 E. Main Street, Los Gatos, CA 95030

408.354.1514
55plus@lgsrecreation.org
www.LGSRecreation.org

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Wood Carving Group (Rm 206) 10:00AM-2:00PM Democracy Tent (Rm 3) 10:30AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Our Democracy in Peril (Rm 3) 1:30PM-3:00PM Balance Awareness (Hall) 2:00PM-3:00PM Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Hall) 10:00AM-12:30PM Super Scrabble (Rm 3) 10:00AM-12:30PM 55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class 11:30AM-12:20PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) \$5 9:30AM-12:30PM Ping Pong (Rm 5) 10:00AM-12:00PM Art and Music Appreciation (Lounge) 12:00PM-1:15PM	Mexican Train (Rm 3) 10:00AM-12:00PM 55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class 11:30AM-12:20PM Pinochle (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Coffee Corner (Lounge) 10:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Balance Awareness (Hall) 2:00PM-3:00PM First Friday (The Palms Restaurant) \$15 4:00PM-5:30PM
8	9	10	11	12
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15	16	17	18	19
St. Mary's Bridge (Rm 5) 10:00AM-1:30PM Wood Carving Group (Rm 206) 10:00AM-2:00PM Democracy Tent (Rm 3) 10:30AM-12:00PM Mothers Day High Tea (Hall) *Register \$5 12:00PM-2:00PM No Stay Fit (Hall) Our Democracy in Peril (Rm 3) 1:30PM-3:00PM No Balance Awareness (Hall) Hand & Foot Canasta (Rm 5) 2:00PM-4:00PM	Tuesday Town Walk (Lounge) 9:15AM-11:00AM Mah Jongg (Hall) 10:00AM-12:30PM Super Scrabble (Rm 3) 10:00AM-12:30PM iPhone Training with CTAP (Hall) *RSVP 1:00pm-3:00pm Magical Movie Tour (Lounge) 1:00PM-3:00PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) \$5 9:30AM-12:30PM Ping Pong (Rm 5) 10:00AM-12:00PM Art and Music Appreciation (Lounge) 12:00PM-1:15PM	Mexican Train (Rm 3) 10:00AM-12:00PM 55+ ZUMBA Gold (YRC Rm B) *Register \$5/Class 11:30AM-12:20PM Pinochle (Rm 5) 1:00PM-4:30PM Current Event Group (Lounge) 1:30PM-3:00PM Tech with Teens (Rm 3) 3:00PM-4:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Coffee Corner (Lounge) 10:00AM-11:30AM Ping Pong (Rm 5) 10:00AM-12:00PM Stay Fit (Hall) 1:00PM-2:00PM Balance Awareness (Hall) 2:00PM-3:00PM
22	23	26	25	26
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29	30	31	Calendar Legend:      	
 OFFICE CLOSED	Tuesday Town Walk (Lounge) 9:15AM-11:00AM NUMU Art Now Guided Tour (Walking Trip - Lounge) *RSVP 10:00AM-12:00PM Mah Jongg (Hall) 10:00AM-12:30PM Super Scrabble (Rm 3) 10:00AM-12:30PM Wood Carving Group (Rm 206) 10:00AM-2:00PM Pinochle (Rm 5) 1:00PM-4:30PM	Game Day (Hall) \$5 9:30AM-12:30PM Ping Pong (Rm 5) 10:00AM-12:00PM		

- **55 Plus ZUMBA Gold** - Instructor Kiana is back on land to teach this 10-week program. Join this easy-to-follow dance workout perfect for the active older adult. *Pre-registration required \$5/class.*
- **AARP Driver Safety** - 2 Day Course and 1 Day Refresher offered in person bi-monthly. Contact the 55 Plus Office to schedule an appointment.
- **AARP Tax Aide** - In person appointments will be available every Monday in February-April. Contact the 55 Plus Office in January to schedule an appointment.
- **Art and Music Appreciation** – Interactive class exploring and discussing influential artists and musicians followed by the West Valley College Instructor playing guitar and leading the group singing well-known songs. Participants are welcome to bring their own instruments in! *Sign up with the 55 Plus office required.*
- **Artist Workshop** - Open workspace. Bring in your materials and work on your individual projects with our welcoming community of artists. No formal instruction and all levels are welcome.
- **Balance Awareness** - Join Mary Ann Smith, a certified personal trainer, from West Valley College for this balance class. *Sign up with the 55 Plus office required.*
- **Book Club** - Meets on the 4th Tuesday of each month. Pick up the booklist from the 55+ Office.
- **Bingo** – Get out your dauber and get ready to have some fun! Join us monthly for prize BINGO.
- **Bunco** – May the dice be in your favor in this social, luck-based game. Sign up with the 55 Plus Office Required so tables can be arranged. 12 players (or more) needed!
- **Coffee Corner** – Join us Friday mornings in the lounge to chat and enjoy a hot cup of coffee.
- **Current Events** - Lively and informative discussions regarding local, state, national and world current events. Attendees are encouraged to bring topics that are important to them to discuss.
- **Democracy in Peril** -Take some. Leave some. Share some of what you take. That is capitalism. What say you???
- **Democracy Tent** - Nonpartisan. Discuss the most pressing issues in Los Gatos in an open environment to prompt understanding and change. Facilitators provide topics for discussion but are open to suggestions. Zoom access bit.ly/32MyTmx or meet in person.
- **Guest Speaker** – Check inside the PRINT for more information on this month's guest speaker(s)
- **Hand and Foot Canasta** – Calling all Canasta players! See the 55 Plus office for a list of rules and a description of play.
- **Jeopardy** - Put your thinking cap on and test your general knowledge on ever rotating topics. Come out to join our discussion and learn something new!
- **Magic Movie Tour** - Lights, Camera, Action! Join Sandy Decker each month for a movie, discussion, and fun facts about the world of cinema...and maybe some popcorn!
- **Mah Jongg** – Friendly American Mah Jongg players group. All levels are welcome. If you are interested in learning to play, please sign up with the 55 Plus office.
- **Needle Craft Corner** - Join other knitters, crocheters, cross-stitchers or hand-crafted project enthusiasts.
- **Pinochle** - Double Deck Pinochle. Experienced players only, no instruction.
- **Reader's Theater** – Read aloud modern and classic plays without having to memorize the lines! Sign up with the 55 Plus office required.
- **Scrabble** – The ultimate crossword game in which every letter counts! Contact the 55 Plus Office if you are interested in playing 55plus@lgsrecreation.org
- **Single Again... But Not By Choice** – For women who are widowed. Meet others who will understand and provide support in dealing with this life-changing transition.
- **Social Committee Meeting** - Volunteer opportunity. Help shape what programs, activities and socials are available through the 55 Plus program. Help plan and decorate for upcoming social events.
- **Stay Fit** – Join Mary Ann Smith, a certified personal trainer, from West Valley College for this chair-based exercise class. *Sign up with the 55 Plus office required.*
- **St. Mary's Bridge** – Looking for intermediate level bridge players interested in subbing. *Sign up required, inquire with 55 Plus office.*
- **Tech with Teens** - Bring your devices and questions on the 3rd Thursday of each month. Our knowledgeable high school volunteers are available to assist you with tech support.
- **Tuesday Town Walkers** - Get Moving! Walk to local areas at your own pace, socialize and explore Los Gatos.
- **Wednesday Game Day** - Bridge and Canasta. Come join our friendly group. To reserve your spot, please contact Lisanne 408.596.6813 or 55plus@lgsrecreation.org
- **Women's Artist Connection** – Share examples of your artwork in a friendly and non-judgmental atmosphere. Please bring 2 examples of your artwork (painting, drawing, collage, photography, poetry, etc.)
- **Wood Carving** – Turn plain pieces of wood into objects of art. Open to beginners and experienced carvers alike. Group helps mentor all levels of carvers to improve your skills. Pop in to check out what projects they are working on...)

Live Oak Nutrition

Daily meal program at
Los Gatos Methodist Church. Call 408.354.0707.

2nd Annual Mother's Day High Tea



Monday May 15th

12:00PM-2:00PM

Live Music by Jazzberry Jam

BYOTC

**(Bring Your Own Tea Cup)
and your appetite**

\$5 Members

\$15 for Non-Members

See Front Desk to Sign Up



55plus@lgsrecreation.org 408.354.1514

INFORMATIVE SMARTPHONE TRAINING SESSIONS

**SPACE IS LIMITED. REGISTER BY CALLING
408.354.1514 OR WITH THE FRONT DESK**

Attend this informative California Telephone Access Program Training Session held by knowledgeable instructor Contessa to learn how to get the most out of your smartphone and use its many features! Bring your charged phone with you to the session. Attendees will also receive a helpful guidebook.

May 16th @ 1:00PM-3:00PM - iPhone Training

May 23rd @ 1:00PM-3:00PM - Android Training



California Connect

Communicate Your Way

JUNE SAVE THE DATES

Register with the Front Desk or Online

Social Dance

Friday June 9th @ 6:00PM-8:00PM

Country and Western Line Dance 30-minute lesson with Mandi!

TICKETS: bit.ly/41KfaNy

Boats and BBQs @ Vasona

Tuesday June 13th @ 10:00AM-12:00PM

Meet up at Vasona Boat House

Complimentary rentals and food will be FREE for members!

RSVP: bit.ly/40Gfm5l

55 Plus Exclusive Summer ZUMBA Gold

Thursdays 6/15-8/17 @ 11:00AM-11:50AM

\$50 for 10 classes

REGISTER: bit.ly/40FHL5h

Exclusive 55+ Water Workout Class

*Limited Space Available

Thursdays 6/22-8/10 @ 12:30PM-1:30PM

LGHS Pool

\$50 for 8 Classes

REGISTER: with the front desk or by calling 408.354.1514.

NUMU ART NOW EXHIBIT DAY

May 30th 10:00AM-12:00PM

RSVP with the 55 Plus Office

20 Spaces available to take a FREE guided tour at NUMU. Explore the very impressive Art Now exhibit. This is an annual juried Santa Clara County Highschool art exhibition. See works that are sure to impress in the form of: painting, drawing, mixed media, printmaking, sculpture, photography, digital art and video animation. Our guide will also take us through the local history portion of the museum.

This is a walking field trip – we will meet in the lounge at 9:45AM before heading over to the museum together.





Resource Fair for Older Adults



Thursday May 11th

10:00AM-12:00PM

208 E Main Street, Los Gatos

Over 25 service providers will be attending and plenty of raffle prizes to be won!

A central collage of logos for various service providers. The logos include: AARP Driver Safety, Alameda Family FUNERAL & CREMATION, Belmont Village SENIOR LIVING, Collette, Los Gatos Library, Next Chapter, Valley Transportation Authority, The Villas at Saratoga, Vista Center, West Valley Community Services, Live Oak Senior Lunches, Live Oak ADULT DAY SERVICES, JamesLINDMD COSMETIC • IMPLANT • GENERAL DENTISTRY, IHSS IN-HOME SUPPORTIVE SERVICES, ClearCaptions, Cancer CAREpoint, CINELUX THEATRES CAFE & LOUNGE, Homecare California, The Terraces of Los Gatos, SASCC, NUGENT FAMILY COUNSELING CENTER, SALA Senior Adults Legal Assistance, SOURCEWISE COMMUNITY RESOURCE SOLUTIONS, and the Department of Justice, Office of Inspector General seal.

Learn More About Local Service Providers and how to use the HUB Resource Page.

Light Refreshments will be Provided.

55plus@lgsrecreation.org 408.354.1514

Double Trouble

Find the word that can be an ending to the first word listed and can be the beginning to the second word listed. The first answer is given.

1. ball _____ mate room _____
2. air _____ knit _____
3. day _____ boat _____
4. cross _____ cut _____
5. scare _____ bar _____
6. under _____ food _____
7. grid _____ smith _____
8. grape _____ cake _____
9. show _____ size _____
10. spring _____ table _____
11. butter _____ wheel _____
12. sugar _____ tail _____
13. fort _____ gown _____
14. finger _____ toe _____
15. town _____ made _____
16. sage _____ fire _____
17. broad _____ off _____
18. audio _____ worm _____



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Tapping Through Time

Match the clues to the correct answer.

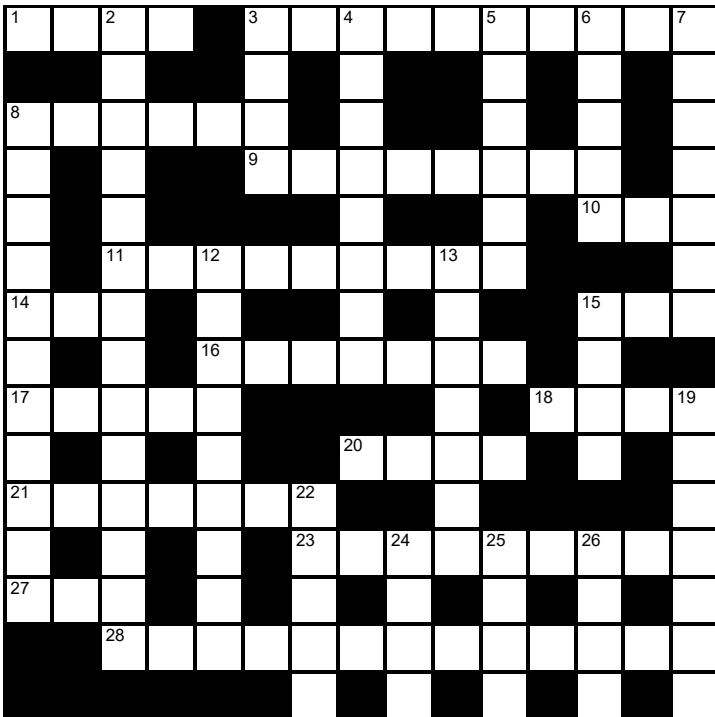
- | | |
|--|----------------------------------|
| 1. Percussion instrument _____ | A. <i>Dancing with the Stars</i> |
| 2. New York's theater street _____ | B. Master Juba |
| 3. Large continent _____ | C. drum |
| 4. The "father of tap" _____ | D. Hollywood |
| 5. Tap move _____ | E. acrobatics |
| 6. Home of the jig _____ | F. improvise |
| 7. <i>Singin' in the Rain</i> dancer _____ | G. Africa |
| 8. Drummer's beat _____ | H. Gene Kelly |
| 9. Tinseltown _____ | I. rhythm |
| 10. Competition TV show _____ | J. Shirley Temple |
| 11. Old-style entertainment _____ | K. shuffle |
| 12. Child dancing star _____ | L. coordination |
| 13. Movie featuring dancing penguins _____ | M. tap shoes |
| 14. Ability to use together smoothly _____ | N. vaudeville |
| 15. Create spontaneously _____ | O. Broadway |
| 16. Staircase dancer _____ | P. Ireland |
| 17. They click on the dance floor _____ | Q. <i>Happy Feet</i> |
| 18. Feats of agility _____ | R. Bill "Bojangles" Robinson |



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Crossword #17

Use the clues to fill in the crossword.



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Crossword #17

(clues)

Across

1. The curve of the foot
3. Daunting or impressive
8. Where pens or socks might be kept
9. Dracula, Frankenstein, and Wolfman are some
10. Old what's-____-name
11. Mother Hubbard's were empty
14. Eastern Standard Time, abbrev.
15. "Dear old" guy
16. Of maximum height
17. Trial's partner
18. Piece of fried chicken
20. Backside
21. Royal abodes
23. Made right something that was wrong
27. Sigma Alpha Iota, abbrev.
28. In relation to

Down

2. Distinguishing trait
3. Land to grow food on
4. Drops from above
5. They go in water headfirst
6. Cheeky display of embarrassment
7. Allowed to leave
8. Ways in which people or things are not the same
12. Thick crude oil
13. Utter hopelessness
15. Icicle former
19. Farewell
22. Tiny amount of food left over
24. Enjoy a book
25. Diabolical
26. Not us

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**March Art Projects - Mosaic
Cement Garden Stones**

May Community Events

First Fridays for Older Adults

More info - \$15 at the door for drink and appetizers.
Where - The Palms, 115 N Santa Cruz Ave.
When - 5/5 @ 4:00PM-5:30PM

Chamber Spring Fashion Show & Brunch (\$85)

More info - www.losgatoschamber.com
Where - The Palms, 115 N Santa Cruz Ave.
When - 5/6 @ 11:00AM-1:30PM

Happy Hollow Zoo Senior Safari - FREE Admission and Parking

More info - www.happyhollow.org/seniorsafari/
Where - 748 Story Rd, San Jose, CA 95112
When - 5/25, 6/22, 7/27

Kiwanis LG Creek Trail Clean Up

More info - bit.ly/41XTCwA
Where - Old Forbes Mill Parking Lot behind 55 Church St
When - 5/13 @ 10:00AM-11:30AM

Los Gatos Farmers Market

Where - Town Park Plaza
When - Sundays 9:00AM-1:00PM



**Join us 5/15 for live music from
Jazzberry Jam!**



**April Woodcarvers
EGGSELLENT Display**



April Art Projects - Terrarium



55 Plus Program

Become A 55 Plus Program Member
\$30 Annual Fee

Join our community of vibrant older adults! The LGS Recreation 55 Plus program provides comprehensive free or low-cost programs for people age 55 and over. You do not need to be a Los Gatos resident to join. To enjoy a variety of groups, programs, classes, social events, guest lectures, and services. Members receive special discounts for Great Getaway Adult Day Trips, LGS Pickleball League, social dances, and exclusive activities at Vasona Boating and the LGS Aquatics Center.

Great Getaway Adult Day Trips

Pick up for all trips from the

Los Gatos Adult Recreation Center
208 E Main St, Los Gatos, CA 95030

Joan Pisani Community Center
19655 Allendale Ave, Saratoga, CA 95070

55 Plus Members receive \$10 off all Great Getaway trips!

Note: Trips are non-refundable.

To register call 408.354.1514 or bit.ly/3NN57Qw

- May 25th - SF Symphony Open Rehearsal for Her Story & Dim Sum Lunch - \$120/\$130 - TWO SEATS LEFT**
This is the West Coast Premiere of folk/rock/classical mixologist Julia Wolfe's Her Story which pays tribute to the centuries of ongoing struggle for equal rights, representation, and access to democracy for women in America. At Osmanthus restaurant find out why Dim Sum is all the rage right now! This will be a pre-selected family style meal allowing you to sample a variety of Dumplings and other delicious bites!
- June 14th - JUST ADDED - Book of Mormon & Utah Inspired Dinner - \$190/\$200**
This outrageous musical comedy, which has won 9 Tony Awards, follows the adventures of a mismatched pair of missionaries. The New York Times calls it "the best musical of this century." A staple in every Utah suburb is several fried chicken joints and specialty soda shops so that will be our inspiration for dinner! At Sideshow Kitchen enjoy a chicken sandwich (burgers/salads also available). NOTE: Contains explicit language and content that some viewers may find offensive.
- June 22nd - SF Giants VS. SD Padres - \$150/\$160 - ONE SEAT LEFT** Let us take you out to the ball game! We will have shady club level seats on the first base side in section 202 so that you can enjoy the game and the views of the bay.



Scan me



INFORMATION & RESOURCES FOR THE OLDER ADULT

LGS Recreation has provided this resource page to help connect older adults to services and information.

- 55 Plus Office - Available Services
- Alzheimer's & Dementia
- Assistive Technology
- Caregiver Support
- Funeral Arrangements
- Housing
- Legal
- LGBTQ+
- Meals & Nutrition
- Mental Health
- State/Federal Resources & Local Health Organizations
- Transportation, Mobile Car Care and Driver Safety



Visit the 55+ Office in Person for more information on programs and services for seniors!
Adult Recreation Center
123 East Main Street, Los Gatos, 95030
55plus@lgsrecreation.org

LGS Recreation does not endorse, guarantee, represent, or warrant any of the agencies or information provided by a third party.

www.lgsrecreation.org/55-plus/hub

408.354.1514



Grant funding from El Camino Health in part supports programs like: ZUMBA Gold, Reader's Theatre, Single Again, Women's Artist Connection, Hands on Art Workshop, Coffee Corner, and special events. We are grateful for this support.



"Building a healthy community through enrichment, innovation and fun!"