



## 55 Plus Volunteer Interest Form

Name:			
Phone:			
Email:			
Frequency: (circle one)	Weekly	Monthly	Special Events Only

*Volunteer opportunities may be available for agency events and activity-based programs. If there is something you are passionate about or interested in and you would be willing to volunteer, please complete this form if you would like you/your activity to be considered.*

Interests/Hobbies/Skills/Music Ability:

### Potential Volunteer Opportunities:

- **Senior Trip Chaperone** – 1-2x/month. Perks – free day trips! Required: flexible schedule and enjoys socializing with others. Bonus: Experience leading groups, teaching or nursing background.
- **Scrabble Group Leader** – 1x/week or 1x/month. Required: knowledge of the game and willing to help others.
- **Cribbage Group Leader** – 1x/week or 1x/month. Required: knowledge of the game and willing to help others.
- **Social Dance Support** – 1x/month, second Friday. Help with food prep, décor, welcome people in, socialize during event.
- **Special Events** – seasonal. May include Mother's Day, Boats & BBQ, Senior Picnic, Thanksgiving Luncheon, Christmas Social, etc.
- **Game Day Support** – 1x/week on Wednesdays 8:45am-12:45pm. Required: Set up cards/scorepads, welcome people in, collect funds, etc.
- **Badminton Support** – 1x/week. Required: knowledge of the game and willing to help others with non-competitive indoor rec. play, organize matches.

Please submit to the 55 Plus Office at 208 E. Main Street or email [55plus@lgsrecreation.org](mailto:55plus@lgsrecreation.org) for review. A staff member will follow up with you following your initial application.